

Lingfield Running Club Committee minutes

Date: 16th June, 2021

Location: The Star, Lingfield

Present: Scott McDonald (SM), Kath Garrido (KG), Clare Evans (CE), Fiona Champness (FC), Gary Spring (GS), Terri Scott (TS), Dave Watkins (DW)

1. Minutes of meeting on 10th March 2021 Action
Approved

2. Matters arising
 - a) Coaching video to be recorded by JW. FC
 - b) New role of editor taken up by Graeme B.

3. Covid update
EA updated their website on 15/6/21 to advise that we will be moving into Step 4 – no earlier than 19/7/21.

4. Website training
SM to speak to GB to advise on numbers needed, Then GB will follow up with TL. SM

5. Club runs/run leaders/bank of routes
After some discussion it was agreed that the committee will consult with the membership on a number of topics. Agreement to recruit more run leaders and pay for this via club funds in exchange for a commitment to lead runs/provide training sessions/ run with newcomers.
Acknowledgement that C25K will not go ahead in 2021 and be reviewed for 2022. A bank of club runs to be collated/Good Run Guide. TS/FC/GS
Agreement that club race on 22/6/21 to go ahead. SM
Suggested changes to a meeting time of 6pm has been proposed – it was agreed that this could be piloted in September on Thursday evenings, but also maintain a 7pm start.

6. Surrey XC update
Info from DW was given regards updates – this has also been put on club newsletter and Facebook – the requirement to be a EA member; to state your second claim by the start of the season; proposal to combine M & W 's constitutions. Women's AGM takes place on 24/6. FC

7. VS&SC re-opening

The club will re-open on 18/6/21. With restricted hours. Face coverings are required if moving around in the club; a table service will be provided.

8. Committee membership – new role - volunteering

It was agreed that a new committee member would be recruited via the planned survey, (see 5).

9. Lingfield 10's

A 10k run is proposed for 4/9/21 with a possible social event afterwards. GS will liaise with DN. GS

10. Cyber Scam

The club committee emails have been hacked again. TS alerted the new members to the emails intended to extort money.

11. Grand Prix

To be reviewed with Trevor - DW/FC

12. Yoga

Proposal to add strengthening and conditioning to prevent running injuries. To add to survey, (see 5). FC

13. Regular Meetings

Agreed that committee could meet more regularly than every other month. Quick catch up's could also be done over Zoom.

Date of next meeting : TBC – 4/8 ? SM

Venue/time TBC