



## LINGFIELD RUNNING CLUB TROPHY WINNERS

<u>LADIES' CROSS COUNTRY SHIELD</u>	
2003-2004	LUCINDA GRAVES
2004-2005	LUCINDA GRAVES
2005-2006	SUE GARNER/CAROLYN FIRMAGER
2006-2007	CHRISTINE EGGLESTONE
2007-2008	CAROLYN FIRMAGER
2008-2009	CAROLYN FIRMAGER
2009-2010	DEBBIE WILKES
2010-2011	DEBBIE WILKES
2011-2012	JACKIE BARKER
2012-2013	MAXINE LOWER
2013-2014	MAXINE LOWER
2014-2015	MANDY REGENASS
2015-2016	JUDITH CARTLEDGE
2016-2017	WENDY SMITH
2017-2018	MEGHAN BOWEN/NICKY PUMFORD
2018-2019	MEGHAN BOWEN
2019-2020	CLAIRE ZIEGLER
2020-2021	Covid – no competition
2021-2022	LIZ MCLENNAN



C. FIRMAGER  
2007-08

C. FIRMAGER  
2008-09

D. WILKES  
2009-10

D. WILKES  
2010-11

J. BARKER  
2011-12

WACHUKU-KING  
2012-13

M. LOWER  
2013-14

M. REGENASS  
2014-15

J. CARTLEDGE  
2015-16