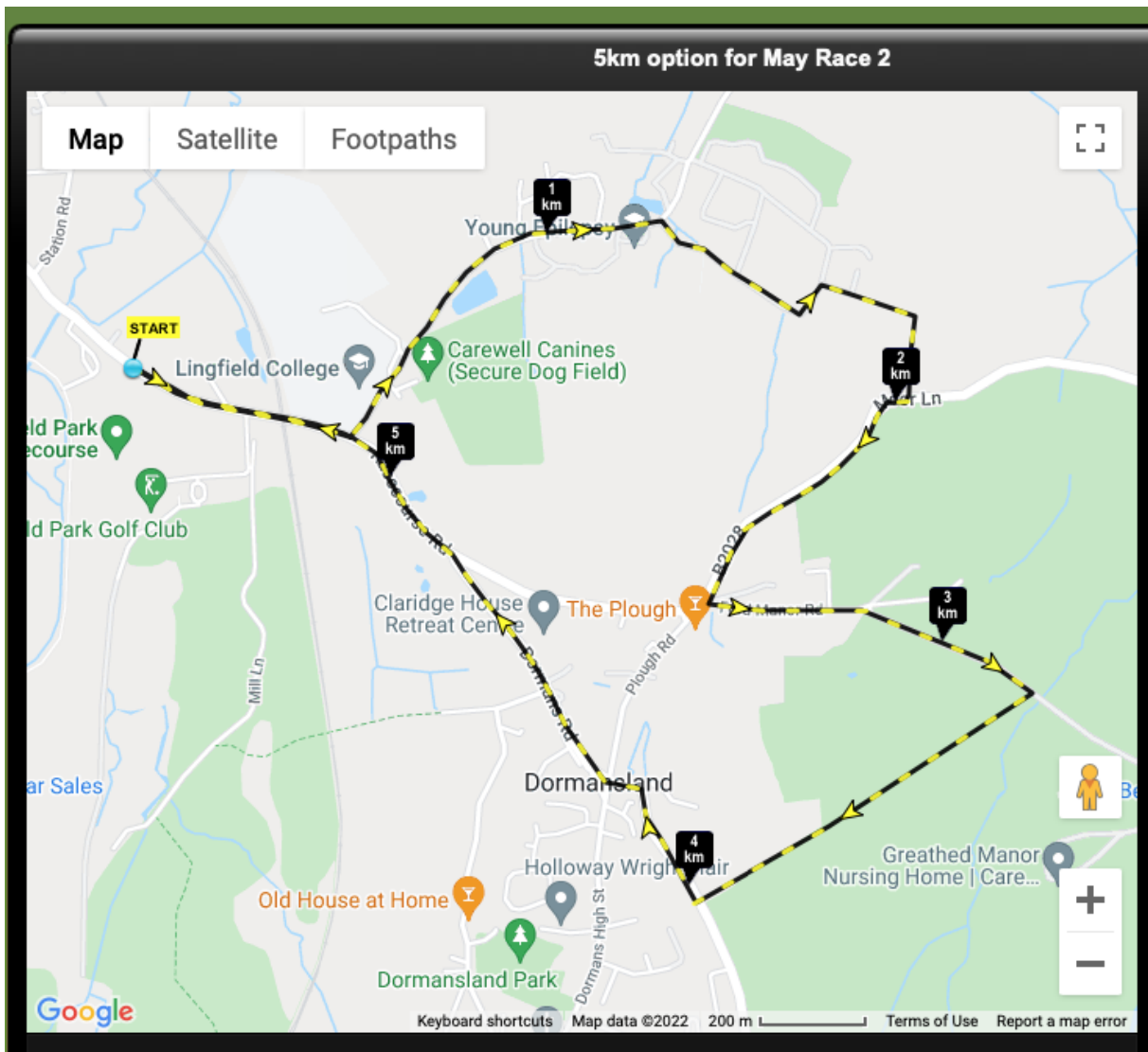


## 5.5 km option for May Race 2



### Route description:

From the start in Racecourse Road, turn left onto St Piers Lane  
At the Epilepsy Centre, turn right and follow the roads and footpaths to Moor Lane.  
Cross Moor Lane and run towards The Plough pub.  
Turn left onto Ford Manor Road, take the right fork and run to the stone pillars.  
Turn right and go along footpath to Hollow Lane.  
Turn right and follow road to crossroads. Go straight across, onto Dormans Rd.  
Follow the road to Racecourse Rd (crossing over to pavement at West St)  
Cross over at Racecourse Rd and continue along Racecourse Rd to the finish