

Uphill Mile PBs

30-Aug-23

Position	Runner Name	CoursePB	PB Date
1	Kieran Barnes	6:40	Thu 11 Jul 2019
2	Peter Dunn	6:44	Tue 03 Aug 1993
3	Steve Pautard	6:46	Thu 25 Jun 1987
4	Noel McKnight	6:50	Tue 16 Jun 1992
5	Juhana Kirk	6:58	Thu 07 Aug 2014
6	Alistair Matson	7:06	Tue 16 Jun 1992
7	Chris Ryan	7:12	Tue 28 May 1991
8	James Parker (The younger)	7:20	Thu 08 Jul 2004
9	Roger Spencer	7:20	Thu 25 Jun 1987
10	Martin Dillworth	7:21	Tue 26 Jul 1994
11	Graeme Bennett	7:22	Tue 03 Aug 1993
12	Andrew Heath	7:24	Thu 20 Aug 1987
13	Tom Seller	7:24	Thu 11 Jul 2019
14	Graham Pearce	7:25	Tue 16 Jun 1992
15	Jeremy Garner	7:25	Thu 18 Jul 1996
16	Darren Newberry	7:31	Tue 16 Jun 1992
17	Daniel Oppe	7:31	Tue 24 Jun 2014
18	Dan Celani	7:35	Tue 22 Aug 2023
19	Derk Lanagan	7:35	Thu 08 Jul 2004
20	Ray McCullough	7:39	Tue 03 Aug 1993
21	Brian Taylor	7:41	Tue 26 Jun 1990
22	Richard Adams	7:42	Thu 01 Aug 2002
23	Sam Jackson	7:45	Thu 07 Aug 2014
24	Mark Brook	7:49	Thu 25 Aug 1988
25	Simon Petitt	7:50	Tue 22 Aug 2023
26	Ben Garner	7:51	Tue 27 Jun 1995
27	Ian Wallis	7:54	Tue 26 Jun 1990
28	Simon Moore	7:54	Tue 19 Jun 2018
29	David Lower	7:58	Tue 14 Aug 2001
30	Gary King	7:58	Tue 14 Aug 2001
31	John Penny	8:00	Tue 27 Jun 1995
32	Norman Houghton	8:01	Tue 03 Aug 1993
33	Pauk Jenner	8:01	Tue 28 May 1991
34	Marlene Pautard	8:02	Tue 16 Jun 1992
35	Joe	8:03	Tue 24 Jun 2014
36	Brett Allen	8:08	Wed 11 Aug 2010
37	Archie McEwan	8:09	Tue 28 May 1991
38	Trevor Crowhurst	8:09	Thu 20 Aug 1987
39	Ian Barrow	8:10	Tue 19 Jun 2018
40	Steven Osborne	8:11	Thu 07 Aug 2014
41	James	8:15	Tue 13 Jun 2017
42	Brian Spicer	8:17	Tue 28 May 1991
43	Ian Greenaway	8:17	Thu 07 Aug 2003
44	Paul Chappell	8:19	Tue 14 Aug 2001
45	Derek Hine	8:20	Tue 28 May 1991
46	Luke Parker	8:24	Thu 08 Jul 2004
47	Neil Ashdown	8:24	Thu 25 Jun 1987
48	Brandon Webb	8:25	Tue 17 Jul 2012
49	George English	8:26	Thu 30 Jul 2009
50	Jim Lee	8:26	Thu 25 Aug 1988
51	F Mason	8:27	Thu 20 Aug 1987
52	David Proud	8:27	Thu 19 Jul 2001
53	Robert Sales	8:28	Tue 28 May 1991
54	Clive Barnard	8:29	Thu 25 Jun 1987
55	Guy Huntington	8:29	Thu 18 Jul 2019

56	Phil Anderson	8:29	Tue 16 Jun 1992
57	Jake Goodall	8:32	Tue 06 Aug 2013
58	Simon Pilkington	8:32	Thu 19 Jul 2001
59	Richard Bushell	8:34	Thu 07 Aug 2003
60	Kio Vejdani	8:36	Tue 03 Aug 1993
61	Rupert Apthorp	8:36	Thu 19 Jul 2001
62	Gary Spring	8:37	Tue 05 Jul 2011
63	Rob Moir	8:37	Thu 08 Jul 2004
64	Veronica Donahue	8:38	Tue 16 Jun 1992
65	Peter Bedingfiedls	8:40	Tue 28 May 1991
66	Julie Barton	8:42	Tue 28 May 1991
67	Harry Sterling	8:42	Thu 18 Jul 2019
68	Jeff Steer	8:46	Tue 27 Jun 1995
69	John Jocham	8:47	Tue 28 May 1991
70	Scott Ulatowski	8:48	Tue 23 Jul 2013
71	Lucinda Graves	8:49	Thu 07 Aug 2003
72	Carolyn Swan	8:52	Tue 27 Jul 2010
73	Tony Allen	8:52	Thu 18 Jul 2019
74	Mandy Regenass	8:54	Tue 06 Aug 2013
75	Andrew Hindmarch	8:55	Thu 18 Jul 1996
76	Dave Foreman	8:58	Thu 20 Aug 1987
77	Harry	8:58	Tue 13 Jun 2017
78	Alison Garrido	8:59	Thu 01 Aug 2002
79	J Laws	9:00	Thu 25 Jun 1987
80	Julie Earl	9:01	Tue 28 May 1991
81	James Kilfiger	9:02	Thu 18 Jul 2019
82	Steve Hill	9:02	Thu 20 Aug 1987
83	Simon Mills	9:02	Thu 30 Jun 2016
84	Tim Martin	9:02	Tue 19 Jun 2018
85	Leroy Arscott	9:03	Tue 27 Jul 2010
86	Mark Aldred	9:03	Tue 24 Jun 2014
87	Peter Butcher	9:03	Tue 08 Jul 1997
88	Steve Ackroyd	9:03	Tue 22 Aug 2023
89	Vernon Given	9:03	Tue 06 Aug 2013
90	Tom Collingwood	9:05	Thu 07 Aug 2003
91	Barrie Clegg	9:08	Tue 26 Jul 1994
92	David Samuel	9:08	Thu 24 Jul 2008
93	Matt Beard	9:08	Thu 07 Aug 2003
94	Jim Parker	9:10	Thu 19 Jul 2001
95	Rod Chinn	9:10	Thu 30 Jul 2009
96	Jane Butterworth	9:12	Thu 19 Jul 2001
97	Luke Carpenter	9:12	Tue 04 Aug 2015
98	Mark Julian	9:12	Tue 05 Jul 2011
99	Ted Swift	9:12	Thu 18 Jul 1996
100	Mike Preston	9:16	Tue 17 Jul 2012
101	David Watkins	9:17	Thu 30 Jun 2016
102	Michael Manwill	9:17	Tue 03 Aug 2021
103	Brian McClaren	9:18	Thu 30 Jun 2005
104	George Firminger	9:18	Tue 27 Jul 2010
105	Ken Bridle	9:18	Thu 25 Aug 1988
106	Mark Dyer	9:19	Thu 25 Jun 2015
107	Peter Holmes	9:19	Thu 11 Aug 2022
108	John Colletti	9:20	Tue 17 Jul 2012
109	Sarah Davey	9:23	Tue 24 Jun 2014
110	Simon Cook	9:23	Tue 19 Jun 2018
111	Melanie Warren-Hawkes	9:24	Tue 28 May 1991
112	Alex Niven	9:24	Tue 08 Jul 1997
113	Phil m	9:24	Tue 24 Jun 2014
114	Reg Garrido	9:24	Thu 24 Jul 2008

115	Kath Garrido	9:27	Tue 03 Aug 1993
116	Connor Lindsay	9:27	Thu 11 Jul 2019
117	Gareth Evans	9:28	Thu 26 Jul 2007
118	Dave Chase	9:30	Thu 08 Jul 2004
119	Kevin Reeve	9:31	Thu 18 Jul 2019
120	Mark Shoubridge	9:32	Thu 28 Jul 2011
121	Steve Martin	9:32	Thu 26 Jul 2007
122	Sophie Mills	9:33	Tue 24 Jun 2014
123	Bradley Clayton	9:33	Tue 17 Jul 2012
124	Sheila Houghton	9:34	Tue 26 Jul 1994
125	Mark Clayton	9:38	Tue 23 Jul 2013
126	Jackie Barker	9:39	Tue 14 Aug 2001
127	Katy Fisher	9:42	Thu 25 Jun 2015
128	Ray ...	9:42	Thu 24 Jul 2008
129	David Worsell	9:45	Tue 03 Aug 2021
130	Pete Holley	9:47	Tue 27 Jul 2010
131	Kirsty Wachuku-King	9:48	Tue 23 Jul 2013
132	Meghan Upton	9:49	Thu 18 Jul 2019
133	Paul McManus	9:51	Thu 28 Jul 2011
134	Helen Wise	9:52	Sun 30 Dec 2012
135	Kelly Jarvis	9:52	Thu 26 Jul 2007
136	Guy Wates	9:52	Thu 07 Aug 2014
137	Mark Edwards	9:53	Thu 08 Jul 2004
138	Claire Ziegler	9:55	Thu 11 Jul 2019
139	Samantha Smith	9:55	Thu 11 Aug 2022
140	Sebastian Harries	9:56	Tue 19 Jun 2018
141	Tom Stockman	9:56	Thu 01 Aug 2002
142	Una Sargent	9:57	Thu 25 Jun 1987
143	Fiona Champness	9:58	Thu 11 Aug 2022
144	Stephanie Sterling	9:59	Thu 18 Jul 2019
145	Andrew Taylor	9:59	Tue 06 Aug 2013
146	Scott McDonald	10:03	Thu 25 Jun 2015
147	Maxine Lower	10:04	Tue 23 Jul 2013
148	Sue Garner	10:04	Thu 07 Aug 2003
149	Kirsty Moore	10:05	Thu 26 Jul 2007
150	Nick Gay	10:05	Tue 24 Jun 2014
151	Paul Allen	10:07	Tue 27 Jul 2010
152	Alex Saunders	10:08	Tue 06 Aug 2013
153	Mark Vallance	10:08	Thu 18 Jul 1996
154	Ollie (guest)	10:08	Wed 11 Aug 2010
155	Duncan McConnell	10:11	Tue 27 Jul 2010
156	Paul from Crowborough	10:12	Sat 12 Sep 2009
157	Nicky Pumford	10:14	Tue 13 Jun 2017
158	Mike Redmond	10:16	Tue 27 Jun 1995
159	Lisa Compton	10:19	Thu 11 Jul 2019
160	Sarah Muir-Timmins	10:19	Thu 29 Jun 2006
161	David Nottidge	10:19	Thu 18 Jul 2019
162	Adam Chase	10:21	Thu 07 Aug 2014
163	Nick Hall	10:21	Thu 11 Jul 2019
164	Aly Warner	10:22	Thu 18 Jul 2019
165	Danielle Payne	10:22	Tue 27 Jul 2010
166	Marita Saffrey	10:22	Thu 29 Jun 2006
167	Mark Piper	10:22	Tue 17 Jul 2012
168	Matt Quilty	10:22	Thu 28 Jul 2011
169	Kirsty Roberts	10:24	Thu 19 Jul 2001
170	Heidi Berrisford	10:25	Thu 24 Jul 2008
171	Carol Woodward	10:26	Tue 27 Jul 2010
172	Alan Quinn	10:26	Tue 13 Jun 2017
173	Arturo Uphill Mile 1993	10:27	Tue 03 Aug 1993

174	Mike Diebel	10:27	Tue 14 Aug 2001
175	Ian Watkins	10:28	Thu 11 Aug 2022
176	Liz McLennan	10:29	Tue 23 Jul 2013
177	Trevor Mikelas	10:29	Tue 13 Jun 2017
178	Steve Brinkley	10:31	Tue 13 Jun 2017
179	Victoria (Tor) Rutter	10:33	Tue 23 Jul 2013
180	Tim Aylett	10:35	Thu 29 Jun 2006
181	Christine Egglestone	10:37	Thu 08 Jul 2004
182	Beth	10:38	Tue 06 Aug 2013
183	Lucy Goldsworthy	10:40	Tue 27 Jul 2010
184	Tom Cartledge	10:40	Tue 05 Jul 2011
185	Debbie Wilkes	10:42	Thu 28 Jul 2011
186	Fi Harvie	10:42	Thu 30 Jun 2005
187	Jenny Young	10:42	Tue 27 Jul 2010
188	Liz Webster	10:42	Thu 11 Jul 2019
189	Roy Bradley	10:42	Thu 30 Jun 2016
190	Matthew Collins	10:48	Tue 03 Aug 2021
191	Adrian Heaton	10:49	Thu 30 Jul 2009
192	Keith Chambers	10:50	Tue 03 Aug 2021
193	Natasha Beard	10:51	Thu 07 Aug 2003
194	Dave Hubbard	10:51	Thu 30 Jul 2009
195	Karl Anderson	10:51	Wed 11 Aug 2010
196	Wendy Smith	10:52	Tue 13 Jun 2017
197	Amelia Weller	10:54	Tue 19 Jun 2018
198	Tony Styles	10:56	Thu 30 Jun 2016
199	Theresa Donohue	10:57	Thu 01 Aug 2002
200	Dave Wilkes	10:57	Thu 24 Jul 2008
201	Chris McClaren	10:58	Thu 26 Jul 2007
202	Jolie Wilkinson	10:59	Thu 30 Jul 2009
203	Kimberly Willcock	10:59	Wed 11 Aug 2010
204	Sally Smoker	11:00	Thu 07 Aug 2003
205	Martin Faulkner	11:01	Tue 03 Aug 2021
206	Brian Miller	11:02	Thu 02 Aug 2012
207	Ed Stacey-Clear	11:03	Thu 26 Jul 2007
208	Andy Senior	11:04	Thu 11 Aug 2022
209	James Burley	11:04	Thu 24 Jul 2008
210	Alison Guthrie	11:06	Thu 26 Jul 2007
211	Bob Pank	11:06	Tue 23 Jul 2013
212	Ang Oxley-Evans	11:09	Wed 11 Aug 2010
213	Laura Stockwood	11:10	Tue 03 Aug 2021
214	Quentin Burgess	11:10	Thu 07 Aug 2003
215	Clare Collett	11:11	Tue 28 May 1991
216	Graham May	11:15	Thu 18 Jul 1996
217	Martin Payne	11:16	Tue 19 Jun 2018
218	Hannah Cartledge	11:17	Thu 11 Aug 2022
219	Katie Cahill-Smith	11:17	Tue 13 Jun 2017
220	Eric Shoubridge	11:19	Wed 11 Aug 2010
221	Neil (guest)	11:19	Wed 11 Aug 2010
222	Gina Obee	11:21	Tue 04 Aug 2015
223	Mary Richardson	11:21	Thu 26 Jul 2007
224	Dennis Moore	11:21	Thu 24 Jul 2008
225	Joan Taylor	11:22	Tue 28 May 1991
226	Stephanie Gue	11:22	Sat 12 Sep 2009
227	Kate Pelissier	11:24	Thu 07 Aug 2003
228	Maggie Ellis	11:25	Tue 28 May 1991
229	Michala Blackburn	11:26	Thu 28 Jul 2011
230	Ian Fotheringham	11:26	Tue 22 Aug 2023
231	Steve Hollis	11:27	Thu 26 Jul 2007
232	Elizabeth Waring	11:31	Sat 12 Sep 2009

233	Philip Cowell	11:36	Tue 24 Jun 2014
234	Alison Slater	11:37	Tue 19 Jun 2018
235	Guy Collingwood	11:37	Thu 26 Jul 2007
236	Shelley Foreman	11:39	Tue 06 Aug 2013
237	Hannah Briggs	11:42	Tue 06 Aug 2013
238	Maggie Statham-Berry	11:45	Thu 11 Aug 2022
239	Ian Smith	11:46	Thu 29 Jun 2006
240	Ian Wilson	11:46	Thu 26 Jul 2007
241	Vivian Gibson	11:47	Tue 27 Jul 2010
242	Lynda O'Sullivan	11:48	Tue 03 Aug 2021
243	Helen Davey	11:53	Thu 18 Jul 2019
244	Carley Atkins	11:55	Thu 07 Aug 2014
245	Peter Phillips	11:55	Thu 25 Jun 2015
246	Colin Horn	11:56	Tue 05 Jul 2011
247	Clare Evans	11:58	Tue 19 Jun 2018
248	Catherine Pearce	11:58	Tue 04 Aug 2015
249	Chris Oppe	11:58	Thu 30 Jul 2009
250	Claudette Sims	11:59	Thu 11 Jul 2019
251	Lucy Douglas	11:59	Tue 03 Aug 2021
252	Michael Lothian	11:59	Thu 30 Jul 2009
253	Gemma Moseley	12:00	Tue 24 Jun 2014
254	John Pearce	12:02	Thu 19 Jul 2001
255	Gareth Anthony	12:03	Thu 07 Aug 2014
256	Vicky (Guest)	12:07	Thu 30 Jul 2009
257	Alison Phillips	12:09	Tue 04 Aug 2015
258	Aaron Perrott	12:09	Thu 30 Jun 2016
259	Judith Cartledge	12:12	Tue 22 Aug 2023
260	Jaimie Howells	12:12	Tue 06 Aug 2013
261	Clare Berryman	12:14	Thu 11 Jul 2019
262	Nicole Collingwood	12:16	Thu 26 Jul 2007
263	Katie Shoubridge	12:17	Wed 11 Aug 2010
264	Bridget Hollis	12:18	Thu 19 Jul 2001
265	Diane Clayton	12:18	Tue 23 Jul 2013
266	Donna Sadler	12:19	Tue 24 Jun 2014
267	Shona Wilkinson	12:22	Thu 26 Jul 2007
268	Philip Mooney	12:24	Tue 27 Jul 2010
269	Emma Fuller	12:30	Tue 24 Jun 2014
270	Melanie Kirk	12:34	Tue 23 Jul 2013
271	Abi from Crowborough	12:36	Sat 12 Sep 2009
272	Laura Carey	12:38	Tue 13 Jun 2017
273	P Andrews MR1 2003	12:40	Thu 01 Aug 2002
274	Lucy	12:46	Tue 06 Aug 2013
275	Mandy Notridge	12:47	Tue 13 Jun 2017
276	Christene Redmond	12:49	Tue 27 Jun 1995
277	Sally Moore	12:50	Tue 05 Jul 2011
278	Sophie Davis	12:53	Tue 27 Jul 2010
279	Bob Russell	12:58	Thu 28 Jul 2011
280	David Lacey	12:58	Thu 30 Jul 2009
281	Anita Asghar	13:03	Tue 05 Jul 2011
282	Marie McManus	13:05	Thu 28 Jul 2011
283	Chantel Pepperrell	13:06	Tue 19 Jun 2018
284	Isla Greenaway	13:06	Thu 18 Jul 2019
285	Steve Warner	13:12	Tue 22 Aug 2023
286	Julie Landsborough	13:14	Thu 30 Jul 2009
287	Lynda Willment	13:15	Tue 06 Aug 2013
288	Chris Rebbeck	13:25	Sat 12 Sep 2009
289	Jacquie Russell	13:29	Thu 28 Jul 2011
290	Sarah Blake	13:30	Tue 17 Jul 2012
291	Elizabeth Jenn	13:33	Tue 19 Jun 2018

292	Alison Osborn	13:34	Tue 19 Jun 2018
293	Catherine Bartlett	13:36	Thu 30 Jul 2009
294	Clare Harrison	13:36	Thu 30 Jul 2009
295	Claire Barnes	13:41	Thu 26 Jul 2007
296	Robert Healey	13:45	Tue 03 Aug 2021
297	Sarah Ferguson	13:51	Tue 22 Aug 2023
298	Rhiannon Clarke	13:52	Thu 30 Jun 2016
299	Gemma Wilson	13:54	Thu 26 Jul 2007
300	Julie Blythe	14:00	Thu 11 Jul 2019
301	Lindy Lanning	14:02	Sat 12 Sep 2009
302	Alison Lacey	14:11	Thu 30 Jul 2009
303	Claire Hancock	14:12	Thu 02 Aug 2012
304	Caroline Froude	14:16	Thu 02 Aug 2012
305	Gerry Smith	14:17	Wed 11 Aug 2010
306	Jo Donovan	14:26	Tue 17 Jul 2012
307	Susie Birch	14:29	Tue 24 Jun 2014
308	Alex Tuesley	14:31	Thu 11 Jul 2019
309	Tracy Roberts	14:35	Tue 17 Jul 2012
310	Sandra Ankers	15:28	Tue 22 Aug 2023
311	Samantha Earle	15:31	Tue 13 Jun 2017
312	Martin Weare	15:31	Thu 26 Jul 2007
313	Jackie Denyer	15:34	Tue 05 Jul 2011
314	Jayne Webb	15:36	Tue 23 Jul 2013
315	Sandra	15:38	Tue 03 Aug 2021
316	David Youngs	15:48	Tue 19 Jun 2018
317	Angela Gill	15:56	Thu 11 Jul 2019
318	Jacqueline Banda	16:34	Thu 11 Jul 2019
319	Joanna Sait	16:54	Sat 12 Sep 2009
320	Angela Youngs	17:02	Tue 19 Jun 2018
321	Julie Scott	17:40	Sun 30 Dec 2012
322	Joanne Given	17:43	Thu 30 Jun 2016
323	Marion Mikelas	19:52	Tue 13 Jun 2017