



**LINGFIELD RUNNING CLUB TROPHY WINNERS**

**MENS' 10K TROPHY**

**(DONATED BY T. CROWHURST)**

1988	STEVE PAUTARD	BRANDS HATCH	33-19
1989	CHRIS RYAN	BRANDS HATCH	38-54
1990	CHRIS RYAN	BRANDS HATCH	39-28
JUN 1991	PETER DUNN	BRANDS HATCH	35-29
NOV 1992	PETER DUNN	BRIGHTON	33-54
NOV 1993	RAY McCULLOUGH	BRIGHTON	33-57
NOV 1994	PETER DUNN	BRIGHTON	34-12
AUG 1995	PETER DUNN	HOOK	34-34
JUN 1996	GRAEME BENNETT	REIGATE	40-28
JUL 1997	CHRIS RYAN	REIGATE	40-30
JUL 1998	PETER DUNN	REIGATE	35-19
JUL 1999	PETER DUNN	REIGATE	36-04
JUL 2000	RICHARD ADAMS	REIGATE	40-38
NOV 2001	ABILIO RIBEIRO	BRIGHTON	37.03
NOV 2002	RICHARD ADAMS	BRIGHTON	37.37
JUN 2003	RICHARD ADAMS	DYSART DASH	37.24
NOV 2004	JAMES BRIGHT	BRIGHTON	37-49
NOV 2005	DAVID PROUD	BRIGHTON	38.27
NOV 2006	DAVID PROUD	BRIGHTON	38.13
NOV 2007	DAVID PROUD	BRIGHTON	40.00

NOV 2008	DAVID PROUD	BRIGHTON	38.56
NOV 2009	DAVID PROUD	BRIGHTON	39.30
NOV 2010	PAUL BLACKMORE	BRIGHTON	38.54
NOV 2011	DAVID PROUD	BRIGHTON	40.03
NOV 2012	DANIEL OPPE	BRIGHTON	38.44
NOV 2013	DANIEL OPPE	BRIGHTON	37.43
NOV 2014	JUHANA KIRK	BRIGHTON	35.08
NOV 2015	DANIEL OPPE	BRIGHTON	37.38
NOV 2016	NO RACE	NO RACE	
NOV 2017	DANIEL OPPE	BRIGHTON	35.30
NOV 2018	DANIEL OPPE	BRIGHTON	35.34
NOV 2019	JUHANA KIRK	BRIGHTON	34.09
2020	NO RACE - COVID		
SEPT 2021	DAN CELANI	EAST GRINSTEAD	36.04
OCT 2022	DAN CELANI	EAST GRINSTEAD	35.59
OCT 23	DAN CELANI	EAST GRINSTEAD	35.40



D. PROUD  
2008  
38:58

D. PROUD  
2007  
40:00

D. PROUD  
2009  
38:50

D. PROUD  
2006  
38:18

P. BLACKMOORE  
2010  
38:24

D. PROUD  
2015  
37:38

D. PROUD  
2011  
38:33

D. PROUD  
2014  
38:01

D. PROUD  
2012  
38:01

D. PROUD  
2013  
37:57