



What does Lingfield Running Club offer you?

- Organised training runs in and around Lingfield, led by friendly run leaders who know the area well.
- Weekly coaching sessions, led by England Athletic qualified run leaders and coaches.
- The opportunity to qualify as an England Athletic qualified run leader or coach, at the club's expense.
- A range of internal club social events and races throughout the year, both for fun and for the 16 club trophies available.
- Defibrillators available in case of emergency at all organised events.
- Free membership of the Victoria Sports and Social Club with its free parking, cheap bar and other facilities (e.g., snooker and table tennis).
- Discounts from Sportshoes.com and John Allen Physiotherapy.
- Weekly newsletter with race reports, running tips and future running events.
- Club Facebook page, and website with information about all local running and social events.
- Good quality club running gear available to buy direct from the website.

And, if you also join England Athletics (£19 for 2024/25), there are further benefits available including reduced race entry fees, including all club cross-country events.

Correct at 25 April 2024

What our runners have said

"I run with Lingfield because I enjoy the variety on offer; the beautiful summer trails, the opportunity to push yourself at the training session, meeting up with other members running in local races. There is something for everyone no matter what your reason to run, there is always a friendly face to meet you on arrival and someone to support you when the going gets tough"
(FC)