

Uphill Mile PBs

Position	Runner Name	CoursePB	PB Date
1	Kieran Barnes	6:40	Thu 11 Jul 2019
2	Peter Dunn	6:44	Tue 03 Aug 1993
3	Steve Pautard	6:46	Thu 25 Jun 1987
4	Noel McKnight	6:50	Tue 16 Jun 1992
5	Juhana Kirk	6:58	Thu 07 Aug 2014
6	Alistair Matson	7:06	Tue 16 Jun 1992
7	Chris Ryan	7:12	Tue 28 May 1991
8	Simon Pettitt	7:13	Tue 20 Aug 2024
9	James Parker (The younger)	7:20	Thu 08 Jul 2004
10	Roger Spencer	7:20	Thu 25 Jun 1987
11	Martin Dillworth	7:21	Tue 26 Jul 1994
12	Graeme Bennett	7:22	Tue 03 Aug 1993
13	Andrew Heath	7:24	Thu 20 Aug 1987
14	Tom Seller	7:24	Thu 11 Jul 2019
15	Graham Pearce	7:25	Tue 16 Jun 1992
16	Jeremy Garner	7:25	Thu 18 Jul 1996
17	Darren Newberry	7:31	Tue 16 Jun 1992
18	Daniel Oppe	7:31	Tue 24 Jun 2014
19	Dan Celani	7:35	Tue 22 Aug 2023
20	Derk Lanagan	7:35	Thu 08 Jul 2004
21	Ray McCullough	7:39	Tue 03 Aug 1993
22	Brian Taylor	7:41	Tue 26 Jun 1990
23	Richard Adams	7:42	Thu 01 Aug 2002
24	Doug Bewley	7:44	Tues 20 Aug 2024
25	Sam Jackson	7:45	Thu 07 Aug 2014
26	Mark Brook	7:49	Thu 25 Aug 1988
27	Ben Garner	7:51	Tue 27 Jun 1995
28	Ian Wallis	7:54	Tue 26 Jun 1990
29	Simon Moore	7:54	Tue 19 Jun 2018
30	David Lower	7:58	Tue 14 Aug 2001
31	Gary King	7:58	Tue 14 Aug 2001
32	John Penny	8:00	Tue 27 Jun 1995
33	Norman Houghton	8:01	Tue 03 Aug 1993
34	Pauk Jenner	8:01	Tue 28 May 1991
35	Marlene Pautard	8:02	Tue 16 Jun 1992
36	Joe	8:03	Tue 24 Jun 2014
37	Brett Allen	8:08	Wed 11 Aug 2010
38	Archie McEwan	8:09	Tue 28 May 1991
39	Trevor Crowhurst	8:09	Thu 20 Aug 1987
40	Ian Barrow	8:10	Tue 19 Jun 2018
41	Steven Osborne	8:11	Thu 07 Aug 2014
42	James	8:15	Tue 13 Jun 2017
43	Brian Spicer	8:17	Tue 28 May 1991

44	Ian Greenaway	8:17	Thu 07 Aug 2003
45	Paul Chappell	8:19	Tue 14 Aug 2001
46	James Kilfiger	8:19	Tues 20 Aug 2024
47	Derek Hine	8:20	Tue 28 May 1991
48	Luke Parker	8:24	Thu 08 Jul 2004
49	Neil Ashdown	8:24	Thu 25 Jun 1987
50	Brandon Webb	8:25	Tue 17 Jul 2012
51	George English	8:26	Thu 30 Jul 2009
52	Jim Lee	8:26	Thu 25 Aug 1988
53	F Mason	8:27	Thu 20 Aug 1987
54	David Proud	8:27	Thu 19 Jul 2001
55	Robert Sales	8:28	Tue 28 May 1991
56	Clive Barnard	8:29	Thu 25 Jun 1987
57	Guy Huntington	8:29	Thu 18 Jul 2019
58	Phil Anderson	8:29	Tue 16 Jun 1992
59	Jake Goodall	8:32	Tue 06 Aug 2013
60	Simon Pilkington	8:32	Thu 19 Jul 2001
61	Richard Bushell	8:34	Thu 07 Aug 2003
62	Steve Ackroyd	8:34	Tue 20 Aug 2024
63	Kio Vejdani	8:36	Tue 03 Aug 1993
64	Rupert Apthorp	8:36	Thu 19 Jul 2001
65	Gary Spring	8:37	Tue 05 Jul 2011
66	Rob Moir	8:37	Thu 08 Jul 2004
67	Veronica Donahue	8:38	Tue 16 Jun 1992
68	Peter Bedingfields	8:40	Tue 28 May 1991
69	Nick Keen	8:41	Tue 20 Aug 2024
70	Julie Barton	8:42	Tue 28 May 1991
71	Harry Sterling	8:42	Thu 18 Jul 2019
72	Jeff Steer	8:46	Tue 27 Jun 1995
73	John Jocham	8:47	Tue 28 May 1991
74	Scott Ulatowski	8:48	Tue 23 Jul 2013
75	Lucinda Graves	8:49	Thu 07 Aug 2003
76	Carolyn Swan	8:52	Tue 27 Jul 2010
77	Tony Allen	8:52	Thu 18 Jul 2019
78	Mandy Regenass	8:54	Tue 06 Aug 2013
79	Andrew Hindmarch	8:55	Thu 18 Jul 1996
80	Dan Pike	8:56	Tues 20 Aug 2024
81	Dave Foreman	8:58	Thu 20 Aug 1987
82	Harry	8:58	Tue 13 Jun 2017
83	Alison Garrido	8:59	Thu 01 Aug 2002
84	J Laws	9:00	Thu 25 Jun 1987
85	Julie Earl	9:01	Tue 28 May 1991
86	Steve Hill	9:02	Thu 20 Aug 1987
87	Simon Mills	9:02	Thu 30 Jun 2016
88	Tim Martin	9:02	Tue 19 Jun 2018
89	Leroy Arcscott	9:03	Tue 27 Jul 2010
90	Mark Aldred	9:03	Tue 24 Jun 2014

91	Peter Butcher	9:03	Tue 08 Jul 1997
92	Vernon Given	9:03	Tue 06 Aug 2013
93	Tom Collingwood	9:05	Thu 07 Aug 2003
94	Barrie Clegg	9:08	Tue 26 Jul 1994
95	David Samuel	9:08	Thu 24 Jul 2008
96	Matt Beard	9:08	Thu 07 Aug 2003
97	Jim Parker	9:10	Thu 19 Jul 2001
98	Rod Chinn	9:10	Thu 30 Jul 2009
99	Jane Butterworth	9:12	Thu 19 Jul 2001
100	Luke Carpenter	9:12	Tue 04 Aug 2015
101	Mark Julian	9:12	Tue 05 Jul 2011
102	Ted Swift	9:12	Thu 18 Jul 1996
103	Mike Preston	9:16	Tue 17 Jul 2012
104	David Watkins	9:17	Thu 30 Jun 2016
105	Michael Manwill	9:17	Tue 03 Aug 2021
106	Brian McClaren	9:18	Thu 30 Jun 2005
107	George Firminger	9:18	Tue 27 Jul 2010
108	Ken Bridle	9:18	Thu 25 Aug 1988
109	Mark Dyer	9:19	Thu 25 Jun 2015
110	Peter Holmes	9:19	Thu 11 Aug 2022
111	John Colletti	9:20	Tue 17 Jul 2012
112	Sarah Davey	9:23	Tue 24 Jun 2014
113	Simon Cook	9:23	Tue 19 Jun 2018
114	Melanie Warren-Hawkes	9:24	Tue 28 May 1991
115	Alex Niven	9:24	Tue 08 Jul 1997
116	Phil m	9:24	Tue 24 Jun 2014
117	Reg Garrido	9:24	Thu 24 Jul 2008
118	Kath Garrido	9:27	Tue 03 Aug 1993
119	Connor Lindsay	9:27	Thu 11 Jul 2019
120	Gareth Evans	9:28	Thu 26 Jul 2007
121	Dave Chase	9:30	Thu 08 Jul 2004
122	Kevin Reeve	9:31	Thu 18 Jul 2019
123	Mark Shoubridge	9:32	Thu 28 Jul 2011
124	Steve Martin	9:32	Thu 26 Jul 2007
125	Sophie Mills	9:33	Tue 24 Jun 2014
126	Bradley Clayton	9:33	Tue 17 Jul 2012
127	David Worsell	9:33	Tue20 Aug 2024
128	Sheila Houghton	9:34	Tue 26 Jul 1994
129	Mark Clayton	9:38	Tue 23 Jul 2013
130	Jackie Barker	9:39	Tue 14 Aug 2001
131	Katy Fisher	9:42	Thu 25 Jun 2015
132	Ray ...	9:42	Thu 24 Jul 2008
133	Pete Holley	9:47	Tue 27 Jul 2010
134	Kirsty Wachuku-King	9:48	Tue 23 Jul 2013
135	Meghan Upton	9:49	Thu 18 Jul 2019
136	Paul McManus	9:51	Thu 28 Jul 2011
137	Helen Wise	9:52	Sun 30 Dec 2012

138	Kelly Jarvis	9:52	Thu 26 Jul 2007
139	Guy Wates	9:52	Thu 07 Aug 2014
140	Mark Edwards	9:53	Thu 08 Jul 2004
141	Claire Ziegler	9:55	Thu 11 Jul 2019
142	Samantha Smith	9:55	Thu 11 Aug 2022
143	Sebastian Harries	9:56	Tue 19 Jun 2018
144	Tom Stockman	9:56	Thu 01 Aug 2002
145	Una Sargent	9:57	Thu 25 Jun 1987
146	Fiona Champness	9:58	Thu 11 Aug 2022
147	Stephanie Sterling	9:59	Thu 18 Jul 2019
148	Andrew Taylor	9:59	Tue 06 Aug 2013
149	Sophie Davis	9:59	Tue 20 Aug 2024
150	Scott McDonald	10:03	Thu 25 Jun 2015
151	Maxine Lower	10:04	Tue 23 Jul 2013
152	Sue Garner	10:04	Thu 07 Aug 2003
153	Kirsty Moore	10:05	Thu 26 Jul 2007
154	Nick Gay	10:05	Tue 24 Jun 2014
155	Paul Allen	10:07	Tue 27 Jul 2010
156	Alex Saunders	10:08	Tue 06 Aug 2013
157	Mark Vallance	10:08	Thu 18 Jul 1996
158	Ollie (guest)	10:08	Wed 11 Aug 2010
159	Duncan McConnell	10:11	Tue 27 Jul 2010
160	Paul from Crowborough	10:12	Sat 12 Sep 2009
161	Nicky Pumford	10:14	Tue 13 Jun 2017
162	Mike Redmond	10:16	Tue 27 Jun 1995
163	Lisa Compton	10:19	Thu 11 Jul 2019
164	Sarah Muir-Timmins	10:19	Thu 29 Jun 2006
165	David Nottidge	10:19	Thu 18 Jul 2019
166	Adam Chase	10:21	Thu 07 Aug 2014
167	Nick Hall	10:21	Thu 11 Jul 2019
168	Aly Warner	10:22	Thu 18 Jul 2019
169	Danielle Payne	10:22	Tue 27 Jul 2010
170	Marita Saffrey	10:22	Thu 29 Jun 2006
171	Mark Piper	10:22	Tue 17 Jul 2012
172	Matt Quilty	10:22	Thu 28 Jul 2011
173	Kirsty Roberts	10:24	Thu 19 Jul 2001
174	Heidi Berrisford	10:25	Thu 24 Jul 2008
175	Carol Woodward	10:26	Tue 27 Jul 2010
176	Alan Quinn	10:26	Tue 13 Jun 2017
177	Arturo Uphill Mile 1993	10:27	Tue 03 Aug 1993
178	Mike Diebel	10:27	Tue 14 Aug 2001
179	Ian Watkins	10:28	Thu 11 Aug 2022
180	Liz McLennan	10:29	Tue 23 Jul 2013
181	Trevor Mikelas	10:29	Tue 13 Jun 2017
182	Steve Lovell	10:29	Tue 20 Aug 2024
183	Steve Brinkley	10:31	Tue 13 Jun 2017
184	Victoria (Tor) Rutter	10:33	Tue 23 Jul 2013

185	Tim Aylett	10:35	Thu 29 Jun 2006
186	Christine Egglestone	10:37	Thu 08 Jul 2004
187	Beth	10:38	Tue 06 Aug 2013
188	Lucy Goldsworthy	10:40	Tue 27 Jul 2010
189	Tom Cartledge	10:40	Tue 05 Jul 2011
190	Debbie Wilkes	10:42	Thu 28 Jul 2011
191	Fi Harvie	10:42	Thu 30 Jun 2005
192	Jenny Young	10:42	Tue 27 Jul 2010
193	Liz Webster	10:42	Thu 11 Jul 2019
194	Roy Bradley	10:42	Thu 30 Jun 2016
195	Nick Champness	10:44	Tue 20 Aug 2024
196	Matthew Collins	10:48	Tue 03 Aug 2021
197	Adrian Heaton	10:49	Thu 30 Jul 2009
198	Keith Chambers	10:49	Tue 20 Aug 2024
199	Natasha Beard	10:51	Thu 07 Aug 2003
200	Dave Hubbard	10:51	Thu 30 Jul 2009
201	Karl Anderson	10:51	Wed 11 Aug 2010
202	Wendy Smith	10:52	Tue 13 Jun 2017
203	Amelia Weller	10:54	Tue 19 Jun 2018
204	Tony Styles	10:56	Thu 30 Jun 2016
205	Theresa Donohue	10:57	Thu 01 Aug 2002
206	Dave Wilkes	10:57	Thu 24 Jul 2008
207	Chris McClaren	10:58	Thu 26 Jul 2007
208	Jolie Wilkinson	10:59	Thu 30 Jul 2009
209	Kimberly Willcock	10:59	Wed 11 Aug 2010
210	Sally Smoker	11:00	Thu 07 Aug 2003
211	Martin Faulkner	11:01	Tue 03 Aug 2021
212	Hannah Cartledge	11:01	Tues 20 Aug 2024
213	Maggie Statham-Berry	11:01	Tue 20 Aug 2024
214	Brian Miller	11:02	Thu 02 Aug 2012
215	Ed Stacey-Clear	11:03	Thu 26 Jul 2007
216	Andy Senior	11:04	Thu 11 Aug 2022
217	James Burley	11:04	Thu 24 Jul 2008
218	Alison Guthrie	11:06	Thu 26 Jul 2007
219	Bob Pank	11:06	Tue 23 Jul 2013
220	Ang Oxley-Evans	11:09	Wed 11 Aug 2010
221	Laura Stockwood	11:10	Tue 03 Aug 2021
222	Quentin Burgess	11:10	Thu 07 Aug 2003
223	Clare Collett	11:11	Tue 28 May 1991
224	Graham May	11:15	Thu 18 Jul 1996
225	Martin Payne	11:16	Tue 19 Jun 2018
226	Katie Cahill-Smith	11:17	Tue 13 Jun 2017
227	Eric Shoubridge	11:19	Wed 11 Aug 2010
228	Neil (guest)	11:19	Wed 11 Aug 2010
229	Gina Obee	11:21	Tue 04 Aug 2015
230	Mary Richardson	11:21	Thu 26 Jul 2007
231	Dennis Moore	11:21	Thu 24 Jul 2008

232	Joan Taylor	11:22	Tue 28 May 1991
233	Stephanie Gue	11:22	Sat 12 Sep 2009
234	Kate Pelissier	11:24	Thu 07 Aug 2003
235	Maggie Ellis	11:25	Tue 28 May 1991
236	Michala Blackburn	11:26	Thu 28 Jul 2011
237	Ian Fotheringham	11:26	Tue 22 Aug 2023
238	Steve Hollis	11:27	Thu 26 Jul 2007
239	Judith Cartledge	11:27	Tue 20 Aug 2024
240	Elizabeth Waring	11:31	Sat 12 Sep 2009
241	Philip Cowell	11:36	Tue 24 Jun 2014
242	Alison Slater	11:37	Tue 19 Jun 2018
243	Guy Collingwood	11:37	Thu 26 Jul 2007
244	Shelley Foreman	11:39	Tue 06 Aug 2013
245	Matthew Stockwood	11:40	Tue 20 Aug 2024
246	Hannah Briggs	11:42	Tue 06 Aug 2013
247	Ian Smith	11:46	Thu 29 Jun 2006
248	Ian Wilson	11:46	Thu 26 Jul 2007
249	Vivian Gibson	11:47	Tue 27 Jul 2010
250	Lynda O'Sullivan	11:48	Tue 03 Aug 2021
251	Helen Davey	11:53	Thu 18 Jul 2019
252	Carley Atkins	11:55	Thu 07 Aug 2014
253	Peter Phillips	11:55	Thu 25 Jun 2015
254	Colin Horn	11:56	Tue 05 Jul 2011
255	Clare Evans	11:58	Tue 19 Jun 2018
256	Catherine Pearce	11:58	Tue 04 Aug 2015
257	Chris Oppe	11:58	Thu 30 Jul 2009
258	Claudette Sims	11:59	Thu 11 Jul 2019
259	Lucy Douglas	11:59	Tue 03 Aug 2021
260	Michael Lothian	11:59	Thu 30 Jul 2009
261	Gemma Moseley	12:00	Tue 24 Jun 2014
262	John Pearce	12:02	Thu 19 Jul 2001
263	Gareth Anthony	12:03	Thu 07 Aug 2014
264	Vicky (Guest)	12:07	Thu 30 Jul 2009
265	Alison Phillips	12:09	Tue 04 Aug 2015
266	Aaron Perrott	12:09	Thu 30 Jun 2016
267	Jaimie Howells	12:12	Tue 06 Aug 2013
268	Clare Berryman	12:14	Thu 11 Jul 2019
269	Darija Sparkes	12:14	Tue 20 Aug 2024
270	Nicole Collingwood	12:16	Thu 26 Jul 2007
271	Katie Shoubridge	12:17	Wed 11 Aug 2010
272	Bridget Hollis	12:18	Thu 19 Jul 2001
273	Diane Clayton	12:18	Tue 23 Jul 2013
274	Donna Sadler	12:19	Tue 24 Jun 2014
275	Shona Wilkinson	12:22	Thu 26 Jul 2007
276	Philip Mooney	12:24	Tue 27 Jul 2010
277	Emma Fuller	12:30	Tue 24 Jun 2014
278	Melanie Kirk	12:34	Tue 23 Jul 2013

279	Abi from Crowborough	12:36	Sat 12 Sep 2009
280	Laura Carey	12:38	Tue 13 Jun 2017
281	P Andrews MR1 2003	12:40	Thu 01 Aug 2002
282	Lucy	12:46	Tue 06 Aug 2013
283	Mandy Notridge	12:47	Tue 13 Jun 2017
284	Christene Redmond	12:49	Tue 27 Jun 1995
285	Sally Moore	12:50	Tue 05 Jul 2011
286	Sarah Ferguson	12:53	Tue 20 Aug 2024
287	Bob Russell	12:58	Thu 28 Jul 2011
288	David Lacey	12:58	Thu 30 Jul 2009
289	Anita Asghar	13:03	Tue 05 Jul 2011
290	Marie McManus	13:05	Thu 28 Jul 2011
291	Chantel Pepperrell	13:06	Tue 19 Jun 2018
292	Isla Greenaway	13:06	Thu 18 Jul 2019
293	Steve Warner	13:12	Tue 22 Aug 2023
294	Julie Landsborough	13:14	Thu 30 Jul 2009
295	Lynda Willment	13:15	Tue 06 Aug 2013
296	Chris Rebbeck	13:25	Sat 12 Sep 2009
297	Jacquie Russell	13:29	Thu 28 Jul 2011
298	Sarah Blake	13:30	Tue 17 Jul 2012
299	Elizabeth Jenn	13:33	Tue 19 Jun 2018
300	Alison Osborn	13:34	Tue 19 Jun 2018
301	Catherine Bartlett	13:36	Thu 30 Jul 2009
302	Clare Harrison	13:36	Thu 30 Jul 2009
303	Claire Barnes	13:41	Thu 26 Jul 2007
304	Robert Healey	13:45	Tue 03 Aug 2021
305	Rhiannon Clarke	13:52	Thu 30 Jun 2016
306	Gemma Wilson	13:54	Thu 26 Jul 2007
307	Julie Blythe	14:00	Thu 11 Jul 2019
308	Lindy Lanning	14:02	Sat 12 Sep 2009
309	Alison Lacey	14:11	Thu 30 Jul 2009
310	Claire Hancock	14:12	Thu 02 Aug 2012
311	Caroline Froude	14:16	Thu 02 Aug 2012
312	Gerry Smith	14:17	Wed 11 Aug 2010
313	Jo Donovan	14:26	Tue 17 Jul 2012
314	Susie Birch	14:29	Tue 24 Jun 2014
315	Alex Tuesley	14:31	Thu 11 Jul 2019
316	Tracy Roberts	14:35	Tue 17 Jul 2012
317	Sandra Ankers	15:28	Tue 22 Aug 2023
318	Samantha Earle	15:31	Tue 13 Jun 2017
319	Martin Weare	15:31	Thu 26 Jul 2007
320	Jackie Denyer	15:34	Tue 05 Jul 2011
321	Jayne Webb	15:36	Tue 23 Jul 2013
322	Sandra Ankers	15:38	Tue 03 Aug 2021
323	David Youngs	15:48	Tue 19 Jun 2018
324	Angela Gill	15:56	Thu 11 Jul 2019
325	Jacqueline Banda	16:34	Thu 11 Jul 2019

326	Joanna Sait	16:54	Sat 12 Sep 2009
327	Angela Youngs	17:02	Tue 19 Jun 2018
328	Julie Scott	17:40	Sun 30 Dec 2012
329	Joanne Given	17:43	Thu 30 Jun 2016
330	` Marion Mikelas	19:52	Tue 13 Jun 2017