



**LINGFIELD RUNNING CLUB TROPHY WINNERS**

**LADIES' 10K TROPHY**

JUN 1991	KATH GARRIDO	BRANDS HATCH	45-37
NOV 1992	MIRANDA HICKEY	BRIGHTON	43-41
NOV 1993	VERONICA DONOHUE	BRIGHTON	43-27
NOV 1994	VERONICA DONOHUE	BRIGHTON	46-32
AUG 1995	KATH GARRIDO	HOOK	44-21
JUN 1996	KATH GARRIDO	REIGATE	45-53
JUL 1997	JACKIE BARKER	REIGATE	
JUL 1998	KATH GARRIDO	REIGATE	44-11
JUL 1999	SUE GARNER	REIGATE	51-23
JUL 2000	JACKIE BARKER	REIGATE	47-02
NOV 2001	SUE GARNER	BRIGHTON	42.41
NOV 2002	MARLENE PAUTARD	BRIGHTON	40.22
JUN 2003	MARLENE PAUTARD	DYSART DASH	42.07
NOV 2004	SALLY SMOKER	BRIGHTON	43-25
NOV 2005	MICHALA WALL	BRIGHTON	42.45
NOV 2006	SALLY SMOKER	BRIGHTON	43.24
NOV 2007	CHRISTINE EGGLESTONE	BRIGHTON	45.37
NOV 2008	CAROLYN FIRMAGER	BRIGHTON	42.24
NOV 2009	CAROLYN SWAN	BRIGHTON	43.41
NOV 2010	CAROLYN SWAN	BRIGHTON	41.34

NOV 2011	KELLY JARVIS	BRIGHTON	42.01
NOV 2012	CAROLYN SWAN	BRIGHTON	44.28
NOV 2013	MAXINE LOWER	BRIGHTON	44.26
NOV 2014	MANDY REGENASS	BRIGHTON	41.36
NOV 2015	MANDY REGENASS	BRIGHTON	45.59
NOV 2016	NO RACE	NO RACE	
NOV 2017	ELIZABETH WEBSTER	BRIGHTON	45.44
NOV 2018	MIRANDA JOHNSON	BRIGHTON	40.55
NOV 2019	CLAIRE ZIEGLER	BRIGHTON	46.47
2020	NO RACE - COVID		
SEPT 2021	MICHELLE HOLLINS	EAST GRINSTEAD	48.04
OCT 2022	FIONA CHAMPNESS	EAST GRINSTEAD	47.48
OCT 23	SALLY ALEXANDER	EAST GRINSTEAD	43.22
SEPT 24	SALLY ALEXANDER	EAST GRINSTEAD	41.06

