



LINGFIELD RUNNING CLUB COMMITTEE MINUTES

The aims and objectives of the club:

- *To promote and enjoy amateur athletics, principally running, in a friendly and informal manner*
- *To promote the club and its objectives within the local community*

Date/Time: 4 August 2025, at 7pm

Location: Lingfield Victoria Sports and Social Club

Present (Committee members):

- Sally Alexander (Chair),
- Brandon Webb (President),
- Nick Keen (Club Secretary),
- Nevenka Worsell Treasurer),
- Keith Chambers (dialing in electronically) (Men's team captain),
- Liz McLennan (Ladies' team captain),
- Laura Stockwood (dialing in electronically) (Membership Secretary)

In attendance (non-Committee members – by invitation of the Committee):

- Gary Spring (GS) (Events Organiser)

Apologies:

- Dave Worsell (Head Coach)

1. Opening and welcome

2. Declarations of interest:

None

3. Minutes of previous meeting – 23 June 2025:

Approved

4. General Business

a. *Treasurer's report:*

(As at Monday 4 August 2025)

Bank Balance	£9,256.66
L10S Credit	£2,281.42 (£1,860.79 last year): Total: £4,130.21
Subs	£2,310.00
Club Members	154
EA Income	£1,820.00
EA Payment	£1,820.00
EA Members	91
Club Kit Sales	£48.00
Club Kit Purchase	£0.00

Resolved: Committee to decide how to distribute the profits from this year's and last year's L10s - once all the bills for the race have been received and paid.

b. *Running sessions – proposals:*

- i. Proposal for speed sessions at Holland Sports. All the coaches have agreed to the proposal.

Resolved: trial these sessions.

- ii. 3 groups for the Tuesday sessions:

3 people have signed up to the Run Leaders course. Once they're qualified, this will help with having separate groups in each session.

Resolved: in the meantime, anyone can lead the 3 groups, provided they are first aid trained.

c. *Club takeover of East Grinstead Parkrun:*

Resolved: club takeover, 27 September.

d. *Directory of local sports masseurs, physios etc:*

Resolved: put a request out to members – asking for recommendations and create a directory from the responses received.

e. *Creation of a new club logo:*

Resolved: GS to send a request out to members – asking for volunteers to submit designs, for Committee consideration and approval.

f. *Discussions with Lingfield College – about using their facilities:*

Advantages:

- It's nicer than VSSC.
- It's closer to the running trails.
- It has a 300m running track.
- It has better facilities (rooms, lockers).

Resolved: GS to have another discussion with the College in September, also to try and get a free trial session.

5. Date of next meeting

15 September, at 7pm

6. Meeting closed.