



(Draft) Minutes of Annual General Meeting of Lingfield Running Club
2026

The Club Chair, Sally Alexander, welcomed members to the 42nd AGM of the Lingfield Running Club, at The Star PH, Lingfield.

The formal business of the AGM was able to go ahead, as there were more than 18 members present, which is the quorum (10% of the membership).

Present

Sally Alexander	Michele Edwards	Simon Petitt	Ian Watkins
Sandra Ankers	Martin Faulkner	Chris Rance	Elena Weaver
Patrick Bastow	Sue Garner	Tracy Roberts	Brandon Webb
Graeme Bennett	Kath Garrido	Chris Ryan	Dave Wilkes
Hannah Cartledge	Judy Hayler	Cathy Samuel	Debbie Wilkes
Judith Cartledge	Robert Healey	Brian Spicer	Lucy Wilkes
Tom Cartledge	Amy Hodge	Gary Spring	Claire Williams
Keith Chambers	Nicola Hodge	Laura Stockwood	James Willis
Fiona Champness	Daniel Jones	Matthew Stockwood	Jennifer Willis
Nick Champness	James Kilfiger	Alison Stuart	Angela Wilson-Taylor
Miranda Chitty	Matt Lester	Catherine Watkins	Dave Worsell
Lisa Compton	Liz McLennan	Dave Watkins	Nevenka Worsell
Sophie Davis	Marie Mould		

Apologies

Nick Keen	Dave Nottidge	Scott McDonald	Terri Scott
Paul McCarthy	Susie Birch	Catherine Wilson	Marije Field
Helen Davey	Kelly Walter	Sarah Begley	Sarah Ferguson
David Waddington	Glen Smith	Darija Sparkes	

1. The minutes of the 2025 AGM were accepted (proposed by Gary Spring, seconded Chris Ryan).
2. Chair's report (Sally Alexander)
 - a. Good evening, everyone, and a very warm welcome to Lingfield Running Club's AGM. It's fantastic to see so many familiar faces, along with plenty of new ones - thank you all for being here.

- b. As I stand before you for my second year as Chair, I'm very aware that I'm speaking to a room full of past Chairs and committee members who could probably do this far more eloquently than I can - so thank you for your patience in advance! But truly, what an incredible year it has been for our club.
- c. Over the past 12 months, Lingfield runners have done it all - one mile, 5Ks, parkruns, 10Ks, 10-milers, half marathons, marathons, ultras, cross-country, Surrey Road League - you name it, we've run it. And not just locally... we've represented the club across the UK and around the world: from England to Lanzarote, Austria to Lithuania, Spain, France, the US - and soon, South Africa. Lingfield Running Club is no longer just a local club—we are proudly international!
- d. But wherever we go, what truly defines us isn't just the running (yes, I haven't forgotten our successful quiz team!) - it's the camaraderie, the encouragement, and the shared experiences. That's the heart of this club. So, let's start tonight by giving ourselves a huge round of applause.
- e. Later this evening, you'll hear detailed updates from each committee member, but I'd like to touch on a few key themes.
- f. Like all organisations today, we are navigating increasing administrative and compliance demands related to governance, safeguarding, GDPR and more. As a committee, we take these responsibilities seriously. We work hard to stay informed and make balanced, proportionate decisions that reflect both best practice and the spirit of Lingfield Running Club. We understand that at times these requirements can feel a little burdensome - but please be assured, every decision is made carefully and always with the club's best interests at heart.
- g. Last year, we introduced our first Club Development Plan, shaped by your feedback through the membership survey. That plan continues to guide us.
- h. Growth doesn't mean losing who we are. Since our founding in 1983, this club has had strong roots - and like any healthy tree, we continue to grow by adapting, trying new ideas, and responding to the world around us.
- i. Not every new idea will be a success - and that's okay. What matters is that we keep evolving, building on the incredible foundations of our club founders, some of whom are sitting before us, yet ensuring the club's longevity by responding to change and appealing to younger members who are the club's future.
- j. We are currently reviewing the 2026 Development Plan, focusing on our leadership, finance, facilities, welfare, safeguarding, communications, and sustainability. You'll receive another survey following this AGM where you will, yet again, be able to have your say about the current and future developments of your club. While it is impossible to please every individual member's request, we can certainly respond to your feedback and appeal to the majority! Therefore, thank you, in advance, for contributing your valued opinions and ideas.
- k. I can report that there have been some further fantastic developments this year and later this evening, the committee will provide details about some of these. However, I would like to touch on a few enhancements we have made.

- l. Firstly, our online presence continues to grow, building on the brilliant overhaul of the club website last year (thank you, Matt). Through Facebook, Instagram, and local community news, we're reaching more people than ever. A huge thank you to Laura for bringing the club to life through engaging posts - and keep an eye out for Sophie's upcoming feature on our Couch to 5K group in the local press. Also, a reminder to send through photos of any LRC-related events/activities in which you are involved, so Laura and I can shout about your achievements and contributions! This increased visibility is helping us attract new members and connect with a younger generation - which as previously mentioned, is the life blood for the future success of the club.
- m. However, we also place value on traditional methods of communication and marketing. Our newsletter – thanks to Graeme – is a hugely popular weekly read! Who knew Wednesday mornings could be filled with such anticipation as members hold bated breath waiting for that email notification that the next instalment of our club's antics, with the keen observational wit of our editor, is available to digest?!
- n. We're also introducing a new committee email system to improve GDPR compliance, ensuring all club communications are managed through a central platform. This will not affect your email contact addresses, but you will notice our replies will now come from a central LRC email address. This will be rolled out once we have had Dave's training when our new committee members join us! On that note, thank you Dave for getting all this in place.
- o. In response to your feedback, we're trialling this new AGM venue while keeping Lingfield at the heart of everything we do. And, as you know, Gary, has been very busy coordinating the design of a new club logo to be revealed later! Thank you to those who entered the club logo competition, creating excellent designs. We have been lucky to have a marketing expert (Alison's daughter Kirsty) take these designs and create what will be our new LRC club logo. Kirsty spent many hours expertly honing the design and we would like to show our immense gratitude by presenting her with a small gesture of our thanks.
- p. Collaboration has also been a highlight this year – and I know Dave and Gary will go into more detail about this in their reports. Our joint events with other local clubs have been hugely successful - not only expanding opportunities for our members but also strengthening relationships across the running community. Steve Pitman, George from TWH, Chris Green/Neil Danby at Holland, to name a few, have been immensely helpful and supportive local contacts with whom we are sharing ideas and best practice. Two clubs have also given us the opportunity to benefit from facilities previously unavailable to us, such as 2 x 400m lit tracks which have seen increasing numbers of speed fanatics through a very wet winter season without slipping and sliding on an unlit 200m track in need of repair!
- q. Continuing, inclusivity remains a priority. I'm delighted to report that Amy Hodge will soon begin training to support visually impaired runners - an important and inspiring step forward for the club. And we were also fortunate to receive the England Athletics Club Improvement Funding again this year, which has helped us train more Run Leaders to strengthen our coaching support.
- r. While there have been other developments, for the sake of boredom and time, I will stop there but don't forget the CDP is available for your leisurely perusal on the Lingfield Running Club website.

- s. Of course, this evening is also a time to say thank you - and in some cases, goodbye.
- t. Firstly, we are sad say goodbye to our incredible cross-country Captains, Liz and Keith. You've brought energy, positivity, and fun to every muddy field, frosty morning, and the rare sunny day! From Richmond Park to Oxshott, Epsom Downs to Holland AC and not forgetting the notorious Lloyd Park - Liz is one of the few members (except for our darling Maggie) where, in her eyes, the muddier and wetter, the better the experience! - participating in Saturday's XC has become a must. With burgeoning numbers, the youthful acronym, FOMO, now truly applies. Both of you've led by example and made Saturday XC something we all look forward to! And, of course, I can't not mention the amazing sight of LRC's men's team literally dominating the field. I think there is no doubt the significant numbers of men and women who are desperate to lace up their trainers and be part of the team, serves to reinforce Liz and Keith as characters for whom we would all go to the end of the earth - well, or tackle Lloyd Park three times in one season!!!
- u. With the famous 'fun bus', the Chambers/Ankers hot drinks caddy, and Neil's legendary cakes, you've created something truly special. Thank you both for everything you've given over the past three seasons. We've made a donation to Papyrus at Keith's request, and we have a small token of our gratitude for Liz. While we will miss you and you may be stepping down, there is no escape and we definitely expect to see you on the bus the second Saturday in October for the next round of mud! !!! Three cheers for Liz and Keith!
- v. We also say a reluctant goodbye to Nick, who is stepping down as Club Secretary. In just one year, Nick has made a real impact with his thoughtful, meticulous approach and calm leadership. He leaves us with ideas and improvements that will continue to benefit the club. We also have a small token of our appreciation for Nick. Thank you - and we'll no doubt still see you at parkrun on barcode duty!
- w. As well as those who are stepping down from their roles, there are so many people who make this club what it is and deserve our thanks.
- To our committee members - thank you for your time, dedication, humour, and teamwork. Everything we achieve is because of what you do behind the scenes, and it does not go without notice.
 - To Fiona and the L10s team - thank you for delivering such a fantastic event last year and for already working hard on this year's race. We know how much effort goes into it, and we're incredibly grateful.
 - To Sandra - our brilliant Social Secretary - thank you for bringing us together and creating such enjoyable events. And a reminder to everyone: join us here at The Star on 1st May to celebrate this year's spring marathon achievements.
 - To Sophie and the Couch to 5K team - thank you for guiding so many new runners through one of the toughest winters we've had. Your support has been invaluable and the programme, as we will see later, has been another huge success.

- And to Dave, our Head Coach - thank you for your leadership in strengthening and developing our coaching programme. Your work is making a real difference allowing us to streamline, better, our coaching provision for you, our members.
 - I would also like to single out Gary who is always the first to volunteer his time, creative thinking and engineering ingenuity! Over the years, I think Gary has undertaken just about every role there is in a running club! And of course, Gary's seamless coordination of our internal club races, wouldn't be the same without Tom, stopwatch in hand, setting us off on our way (unless of course you use chat distraction techniques!) and our team of volunteers who offer their time to guide our runners, offer words of encouragement and to keep us safe!
 - Finally, to every single member of Lingfield Running Club - thank you.
- x. Whether you run, volunteer, support races, attend socials, read the newsletter, or simply enjoy being part of the community - you are what makes this club so special. Lingfield Running Club simply wouldn't be what it is without you.

I'll finish with this:

Running isn't about how long it takes to get from start to finish - it's about the adventure along the way, the people you meet, and the moments you share.

And what an adventure we're having together.

3. Treasurer's report and adoption of annual accounts (Nevenka Worsell)

- a. I would like to begin by giving a huge thank you to Tom Cartledge and Debbie Wilkes. Tom has made the transition into the treasurer role incredibly smooth for me and is always available at the end of a message or phone call whenever I have questions. Debbie has once again kindly stepped in to review the accounts, ensuring everything is accurate, and has taken the time to explain any balance sheet queries I had from previous years.
- b. We started the year with a healthy bank balance, which meant we were able to maintain our membership fees without any increase.
- c. During the year, we received £500 from England Athletics through the Club Improvement Fund, and I'm pleased to say that this has been fully utilised. The funding has helped to cover the costs for three members to complete the Leaders in Running Fitness (LiRF) course. Furthermore, we have funded one additional member to complete this course.
- d. We have also funded two safeguarding courses and an adult welfare course, purchased additional club kit, and purchased replacement batteries for the defibrillator.
- e. At the start of this financial year, our balance stood at £5,814.58. By the end of the year, the bank balance was £4,884.72. This figure includes £1,024.03 relating to Lingfield 10 (carry-over funds, sponsorship, and prepayments). Excluding this, the club's net balance is £3,860.69.

- f. One of our biggest achievements this year has been our charitable contributions. The Lingfield 10s team alone has donated £2,000 across five excellent charities, which is a fantastic accomplishment.
- g. In addition, the club donated £633.35 to Papyrus, and Sandra's ceilidh evening raffle raised an impressive £320. Altogether, this highlights a strong commitment from the club and its members to supporting worthwhile causes.
- h. Adoption of Accounts
The printed accounts provided outline the club's income and expenditure for the 2025/2026 financial year. Proposed by Tom Cartledge, seconded by Chris Ryan, and passed.
- i. Membership Fees
As outlined in the recent email, I am proposing an increase in membership fees to £20.
I have reviewed the fees of other local clubs:
- Crawley Athletics: £25
 - Dorking & Mole Valley: £45
 - Oxted: £28
 - Saints & Sinners: £12
- This shows a range of pricing, and a £20 membership fee remains reasonable and competitive.
- j. As you will have seen, our bank balance has decreased this year despite receiving the £500 from England Athletics through the Club Improvement Fund. This is largely due to increased affiliation fees and insurance costs.
- k. We have also seen a reduction in overall membership numbers and fewer new participants joining Couch to 5K programmes. At the same time, we are keen to continue investing in our members by supporting coaching qualifications. While we have several run leaders, we currently have one active fully qualified coach.
- l. Unfortunately, we will not be eligible to apply for additional England Athletics funding next year, which further supports the need for a modest increase in membership fees.
- m. Motion 1
I move that the Club membership fee for the year 1 April 2026-31 March 2027 shall be £20, payable by 15 May 2026 for renewing members (an increase of £5 of the fee for the year 2025-2026) *.
- (*Note: for those members that wish to be registered with England Athletics for the year 1 April 2026 – 31 March 2027, the England Athletics fee is £23 (an increase of £3 of the England Athletics fee for the year 2025-2026).
- Proposed by Tom Cartledge, seconded by Fiona Champness, and passed.

4. Secretary's report (Nick Keen, read by Graeme Bennett)

Administration and Governance

- a. EA 7 Club Standards: Ensured that the club meets all seven of the EA Club Standards. All clubs must meet all the Club Standards in order to affiliate with EA. The Club Standards are:
- Club Standard 1: Having in place a **constitution** (the rules by which the club operates) that is fit for purpose.
 - Club Standard 2: Ensuring a committee of key roles: club chair, treasurer, secretary, membership secretary, welfare officer (and deputy) and DBS verifier. We have also gone a step further and added another key member of the Committee: a Health and Safety Officer.
 - Club Standard 3: Ensuring that we have Grievance and Disciplinary policy – to ensure that we have a document to guide the club in the event of any disputes.
 - Club Standard 4: Ensuring that we have a privacy notice in line with General Data Protection Regulation (this is a legal requirement under general UK data protection law) to ensure members are aware of how their data will be processed.
 - Club Standard 5: Ensuring that we have an inclusion policy (this helps us be compliant with the Equality Act 2010). It also helps ensure that all club members feel welcome, valued and have a positive experience at our club, and that everyone feels comfortable and confident to be themselves and to take part in a way that suits them.
 - Club Standard 6a): Ensuring that we have signed and agreed to implement the EA club safeguarding code of conduct. Keeping everyone in the sport safe is so important. It's the club's responsibility to lead on this. If club members feel safe, they're more likely to have a positive experience at the club. Key parts of the code include ensuring all members have signed a code of conduct, trained welfare officers are appointed and coaches and leaders are licensed. The club committee is responsible for the duty of care of all members. Not having a safeguarding code of conduct is a risk to both volunteers and members.
 - Club Standards 6b): Ensuring that we have a Lead Welfare Officer who is appropriately trained.
 - Club Standards 6c): Ensuring that we have appropriately qualified and licensed coaches and leaders at the level relevant to our membership base and activities. It is a risk to the club and our members if we operate with unqualified/unlicensed coaches and leaders. The license ensures that coaches and leaders have completed the training to give them the knowledge and skills to coach athletics and running. A licensed coach will also have a valid DBS meaning they are suitable to work with children, young people and adults at risk; and
 - Club Standard 7: Ensuring that we have a health and safety policy and associated risk assessments.

b. Rationale for the EA Club Standards – and why they need to be followed:

1. England Athletics have produced a set of Club Standards in line with legal legislation and Sport England's code of sports governance to help clubs understand what they should have in place for good governance and duty of care:
 2. Good governance is the foundation of a well-run club. It protects the club's values and reputation while looking after the club's funds and people. It also holds those responsible accountable for the club's actions and decisions. It's represented by the structures, rules, policies and practices in operation in a club.
 3. 'Duty of care' is a common law that applies to all individuals and organisations. Clubs have a duty of care towards their members and are responsible for ensuring all club activities are safe. Everyone has a role to play in keeping others safe. All club members should know what to do if they have any concerns.
 4. Having the standards in place will help clubs to:
 - a. Be legally compliant
 - b. Protect and support volunteers in their roles
 - c. Ensure members are accessing club activity safely, protecting them from harm, incidents and accidents.
 - d. Minimise club issues and conflicts.
 - e. Give their members the confidence that the volunteers have the interests of the club at heart and are making decisions based on what is right for the club.
 - f. Engage with their members so they understand how the club operates and can contribute to its success.
 - g. Have happier members, less churn, bigger growth and perform better.
 - h. Save time when policies or procedures need to be adopted.
- c. Development of Committee members and the Club Development Plan
- During the year, several members of the Committee have attended free EA webinars on club leadership, club development and good governance / legal compliance.
 - The ideas, advice and takeaways from those webinars have helped us develop the Club Development Plan for the forthcoming year, and take further steps to ensure the legal compliance and good governance of the club – including:
 - undertaking several initial steps in the club's GDPR project;
 - proposing changes to our club constitution - to ensure it remains 'current';
 - looking to update our Health and Safety Risk Assessment and practices; and
 - undertaking an initial assessment of whether the club should incorporate as a legal entity – to help protect the personal liability of the members of the Main Committee and the L10s Committee.
- d. Communication
- Continued with the weekly newsletter (a huge thanks to Graeme for continuing with this fantastic communication (other clubs are very envious!));
 - Set up separate WhatsApp groups – with different topics – which members are free to join (or not) – to help with clarity of communication of different topics to and by our members;

- Undertaken a membership survey (and taken on board feedback from respondents); and
- Ensured that minutes of the Main Committee meetings (held monthly) are written up and uploaded to the website.

5. Membership Secretary's report (Laura Stockwood)

- As of 31st March, total membership stands at 180, of which 119 members are competitive and 61 social. The club has a fairly even gender split, with 85 women and 95 men.
- Overall membership is down from 200 at the same point last year. This is partly due to a lower intake from the January C25k programme.
- Renewal requests will be sent via email tomorrow (15th April). As with last year, members will be required to complete a Google Form as part of the renewal process. The aim is to have all renewals completed by the end of April.

6. Chief Welfare Officer's report (Alison Stuart)

- I am the Safeguarding and Welfare Officer along with Jennifer Willis who is also a Welfare Officer. Our role is less complicated because we don't have any under-18s at the club. As Club Welfare Officers:
 - Jennifer and I are the first point of contact for safeguarding, behaviour, or conduct concerns.
 - We are here to help members understand what to do and who to speak to.
 - We support the committee with day-to-day club issues.
 - We can provide early intervention to prevent escalation and maintain enjoyment of the members.
- Roles and responsibilities – Safeguarding is everyone's responsibility, but Jennifer and I have had training in how to deal with any safeguarding or welfare concerns. If anyone raises a concern and it is a serious concern, we know who to contact and ask for advice. However, if at any time, not just running, you believe someone is at serious risk of harm or of harming someone else, the first thing to do is contact the police, don't try to deal with it yourself or wait to contact one of us. For less serious concerns, if you don't want to include us then you can report it via the EA website.
- Visibility and accessibility (how to contact us) – You can contact us via email, just go to the website or speak to any member of the committee. Rest assured that any concern will be treated in complete confidence and with the utmost respect and discretion. Sometimes all it takes is a conversation, but I can assure you it will be taken seriously. No concern is too small.
- Status of safeguarding, equality and diversity and inclusion policies – we have safeguarding, equality and diversity and inclusion policies as a club and these can be found on the website – *a recent audit revealed that we didn't have a whistleblowing policy or an anti-bullying statement which will be addressed by the new committee.*

- e. Confirmation they are up to date and aligned with UKA/EA – all the policies on the website are up to date and align with both the UKA and EA
- f. Training & DBS checks – all training requirements and DBS checks are up to date. I receive emails from a group called Active Sussex (there is an active Surrey, but they are less active) the group is part of a nationwide network that work to increase physical activity level throughout the country. They offer advice, training and learning events. I'm going to attend one called Active Bystander Training (What would you do if you witnessed harmful behaviour (e.g. bullying, harassment, discrimination), and how confident are you that you would know what to do as a direct response?) This training will help equip you with the tools to become an active bystander, developing the skills knowledge and confidence to keep yourself and others safe physically and emotionally. If anyone is interested in attending this event (it is online) or knowing more about future events just let me know.
- g. Final statement – Just to reiterate; safeguarding is everyone's responsibility but if you have any concerns, no matter how small, then please contact me, Jennifer or any member of the committee. Together we are committed as a club to maintain the highest standards of safeguarding and wellbeing.

7. Event Organiser's report (Gary Spring)

- a. First of all, Gary introduced Fiona Champness, who thanked everyone who helped make the L10s in 2025 a success and reminded everyone who can, to volunteer for this year's one on 28 June.
- b. How important is the Tuesday evening Club Run?
 - I was going to say, that, based off the low attendance over the winter months, the answer is 'Not very important', but then we get over 20 turn up for tonight's Club Run, so I think it could be an issue of having daylight for the run. However, the club should be providing what the majority of the membership wants so if there is a demand for something different on a Tuesday evening, especially when it is dark, the committee is ready to consider any changes. We just need you to let us know what it is that you'd prefer to do.
 - In the meantime, now we have the lighter evenings, the Tuesday evening Club Runs will be off-road runs, with a pub fitted into some of them, for post-run refreshments. I hope to be back leading them by the end of the month. Many thanks to the coaches for stepping in while I've been injured.
- c. We have the usual nine Club Handicap Races this year; one down and eight to go - and I've spaced them out over the year, so there is only one May Race in May! Many thanks to all the members who volunteer to marshal these races. It would not be possible to hold them without their help.
 - I need to make a couple of changes to the next two races. The dates are staying the same (28th April and 12th May) but the routes and the Start/Finish will be different. This is because I've managed to pick dates when the racecourse has an evening race event. There will be more

information in tomorrow's newsletter and also subsequent editions on how these two races have been changed.

- d. Kit - I've got a selection of club kit with me and if anyone is interested in buying a vest or a T shirt, come and see me later in this meeting. No need to pay today but I will let Nevenka know who owes the club money and she is relentless in getting the money back! While we do now have a new club logo, we're not planning to put it on the club kit for a while so I can assure you that you will not be buying something today that will be redundant in a month!
- e. Database co-ordinator - I've brought my laptop with me so I can show you the Club database and what it can offer. Again, find me after the meeting for a demo.

8. Health and Safety Officer's report (Gary)

- a. Reviewing the Club Risk Assessment for our Club Runs and Handicap Races was a revelatory moment, especially when considering running safely on dark nights. Fortunately, we don't have to worry about that for many months, but I need to warn you that I will be paying more attention to see who is not wearing something bright or not carrying a torch. It is important that we're minimising the risk of someone getting hit by something that did not see us or tripping over something we did not see.

9. Head Coach's report (Dave Worsell)

- a. Firstly, I'd like to thank all of our members for your continued commitment and enthusiasm over the past year. It's been fantastic to see so many of you attending sessions regularly, supporting one another, and contributing to the positive and inclusive atmosphere that makes Lingfield Running Club what it is.
- b. A huge thank you must also go to our run leaders, without whom the club simply wouldn't function. In particular, I'd like to recognise our established leaders, Fiona, Terri, Gary, Keith, Ian W and James K for their ongoing dedication and reliability week in, week out.
- c. I'm also delighted to welcome Michele, Sally, Ben and Tom, who have recently completed (or are about to complete) their Leadership in Running Fitness (LiRF) qualifications. It's great to see new leaders coming through, strengthening the depth and sustainability of the club.
- d. A special mention goes to run-leader Sophie, who has done a fantastic job championing the Couch to 5K programme. She has supported many runners as they take their first steps into running, which is hugely important for the long-term health and growth of the club. I'd also like to draw attention to Gary and his sterling efforts in organising the Tuesday club runs, risk assessing the routes and ensuring we have sufficient run leaders to cover these when he is unavailable. Thank you, Sophie and Gary.
- e. Following the last AGM, we carried out a member survey to understand what we should Stop, Start, Change. This feedback proved invaluable and led to several key improvements. We moved our base from Imberhorne School to Holland Sports, introduced Strength & Conditioning sessions, and aligned session times to reduce confusion. While it wasn't possible to accommodate every suggestion, it has been very encouraging to see a significant increase in attendance at track sessions,

strong engagement with S&C, and more members attending a wider range of club sessions.

- f. Our link-up with Holland Sports has been particularly beneficial. Being able to draw on the experience of Neil Danby and the wider coaching team has added real value. It's been great to see personal bests tumbling as a result of more structured and focused speedwork and better facilities. I'm also pleased to say that Lingfield Running Club has contributed coaches to these sessions, and speaking personally, I believe we've learned a great deal as a coaching team through this collaboration.
- g. The K2 track sessions in Crawley, run in partnership with Horley Harriers, have been less well attended. However, these remain optional "bonus" sessions, and members should feel free to dip in and out as it suits them, with a £3.50 pay-as-you-go fee.
- h. Looking ahead, we will run the member survey again and make this an annual process. We will put a link in the club newsletter. In addition, we plan to keep the feedback form open year-round so that members can provide anonymous input at any time. This will help ensure we continue to evolve and meet the needs of the club as effectively as possible.
- i. As club funds allow, I would like to encourage more members to undertake the LiRF qualification. This course provides a fantastic introduction to leading group runs safely and effectively, building confidence, communication skills, and an understanding of inclusive session delivery. Increasing the number of qualified leaders helps us offer more sessions, cater for a wider range of abilities, and ensure resilience within the club.
- j. We are also excited that a couple of our coaches are exploring progression to the Coach in Running Fitness (CiRF) qualification. This is a more advanced coaching pathway, enabling the design of structured training programmes, deeper technical understanding of performance, and the ability to support runners in achieving specific goals such as race performance and long-term development. Having CiRF-qualified coaches within the club will further enhance the quality and variety of coaching we can provide to all members.
- k. Finally, thank you once again to everyone who has contributed to the club over the past year – whether by leading, supporting, or simply turning up and giving it your best. I wish you all a happy, healthy, and successful running year in 2026.

10. Ladies' Captain report (Liz McLennan)

- a. Liz extolled the virtues of the XC races – camaraderie, cakes and coffee. Lloyd Park was the site of the team's best performance last season. The team finished 13th of 15 in Division 2, comfortably avoiding relegation. Overall, in the Surrey League, Maggie was first in age group and Sally second. And Keith was first in his – in the men's! Maggie also ranks first V70 over 10k in powerof10 rankings and won gold at the Masters XC in Bangor. Sue G and Lisa C also had outstanding results recently.
- b. Many thanks to the committee and Keith in particular for his organisational skills.
- c. I am pleased to award the Ladies' XC trophy to Sally Alexander and my Captain's trophy to Maggie Statham-Berry.

11. Men's Captain report (Keith Chambers)

- a. The men's team was promoted as Surrey XC League Div. 4 champions in 2025, and the challenge was to hold that status. The season started in the heat and dust of Richmond and ended in the mud of Lloyd Park. Best result was Lloyd Park (fifth of ten teams) and we finished eighth of ten only a few points behind teams above. We had four debutants this year, and Nick represented us at the Southern and National Champs.
- b. Nobody was keen to repeat the Lloyd Park experience in the subsequent East Surrey League.
- c. Thanks to the committee, Gary, Laura, supporters and drivers and Sandra, and the 38 men who have done XC over my three years.
- d. I am pleased to award the Men's XC trophy to Simon Petitt, and my Captain's trophy to Martin Faulkner.

12. Presentation of the President's Trophy (Brandon Webb)

- a. My thanks to the main committee for their hard work and admin, to the L10s committee and to all our coaches and volunteers. Just because Liz, Keith and Nick have left doesn't mean they can't come back. And to all the club members. It's important you enjoy your running, whatever your individual journey and I thank you for joining our club.
- b. I am pleased to award the President's Trophy to Robert Healey.

(At this point in the meeting, there was a ten-minute comfort break)

13. 'Couch to 5k' presentations (Sophie Davis)

- a. This is the second year of our latest nine/ten-week programme, which had some new runners and some returning after absence/injury. While there weren't as many this year, the pass rate was higher, despite every session enjoying rain. Thanks to Gary, Michele, James and Laura for their help.
- b. We should have 13 completing their 5k and I am pleased to give the four present here tonight their trophy mugs to remember it by – Clair, Angela, Nikki and Tracy.

14. Re-election of the following members of the Committee, for the year 2026-2027:

- a. Sally Alexander – Chair;
- b. Laura Stockwood – Membership Secretary;
- c. Nevenka Worsell – Treasurer,

15. Ratification of the previous election by the Committee of the following members to the Committee:

- a. Alison Stuart – in the role of Club Welfare Officer.
- b. Jennifer Willis – in the role of Deputy Club Welfare Officer.
- c. Gary Spring – in the role of Health and Safety Officer.

16. Re-election of the following officer, for the year 2026-2027: Brandon Webb – in the role of President,

17. Election of members to the following Committee roles: Men’s Captain, Ladies Captain and Secretary.

Post		Proposed	Seconded
Chair	Sally Alexander	Gary Spring	Lisa Compton
Membership Secretary	Laura Stockwood	Sandra Ankers	Gary Spring
Treasurer	Nevenka Worsell	Sue Garner	Fiona Champness
Secretary	Graeme Bennett	Fiona Champness	Chris Ryan
Ladies’ Captain	Lucy Wilkes	Liz McLennan	Nevenka Worsell
Men’s Captain	Chris Rance	Gary Spring	Lisa Compton
Club Welfare Officer	Alison Stuart	Chris Ryan	Fiona Champness
Deputy Club Welfare Officer	Jennifer Willis	Alison Stuart	Lisa Compton
Health and Safety Officer	Gary Spring	Chris Rance	Chris Ryan
President	Brandon Webb	Sandra Ankers	Fiona Champness

18. Amend the Club Constitution (Sally Alexander)

Sally Alexander proposed that *‘the AGM approves the principle of amending the Club Constitution to cover agenda items 18a to 18f below and authorises the Secretary to prepare detailed wording for approval by the club Committee’*.

- a. Add the roles of Club Welfare Officer, Deputy Club Welfare Officer and Health and Safety Officer to the list of Committee roles.
- b. Increase the quorum of Committee meetings – from three to five.
- c. Change the requirement for the President to chair AGMs and EGMs - to be a requirement for the Chair to chair AGMs and EGMs.
- d. Before any expenditure of the Club in excess of an amount fixed by the Committee is committed to by any member of the Club on behalf of the Club, a majority of the members of the main Committee shall approve such committed spend.
- e. All monies payable to the Club shall be received by the Treasurer, deposited in the Club Account as soon as is reasonably practicable and reported by the Treasurer to the Committee at the immediate next Committee meeting.
- f. In addition to posting the date and agenda of each AGM to the Club’s notice board, the date and agenda of each AGM shall also be e-mailed to all members of the Club.

This was proposed by Chris Ryan and seconded by Daniel Jones. There were no queries or objections and the motion was passed.

19. Unveiling of the new club logo

- a. Gary Spring unveiled pictures of the final version designed by Kirsty and approved at committee. This will be introduced to all club merchandise and communications as soon as possible.

The meeting was closed at 21.45.

Income and Expenditure Account

	12 months to 31/03/26	12 months to 31/03/25
Income	£	£
England athletics club improvement fund	500.00	-
Members Subscriptions to Lingfield Running Club	2,495.00	2,530.00
Members Subscriptions to England Athletics	1,960.00	1,881.00
Lingfield 10's - Balance	2,029.01	3,164.56
Vest Sales	144.00	522.20
C25K	240.00	405.00
Tonbridge Relays	168.00	7.00
Holland Sport Relays	160.00	-
Reigate Relays Cross Country	127.50	157.50
K2 Track Session	94.50	-
Strength and conditioning payment	385.00	-
London Marathon volunteering	25.00	-
Social -Summer Barbeque and Ceilidh	195.16	249.00
Marathon Mini Bus	8.00	-
London Marathon Pasta Party	290.00	387.00
Christmas Handicap	617.84	464.46
Compensation	-	-
	9,439.01	9,767.72
 Expenditure		
England athletics club improvement fund (spent on LIRF courses)	500.00	-
Affiliation Expenses	622.00	607.00
Members Subscription to England Athletics	1,960.00	1,881.00
Social Events - Summer Barbeque and Ceilidh	132.12	284.26
Social Event - London Marathon Pasta Party	290.00	387.00
AGM Expenses, Club Trophies and Prizes, room hire	545.76	582.53
Insurance	147.00	137.00
Equipment Purchases and Repairs	147.26	23.98
Website Expenses	304.68	179.00
Vest Purchases	186.00	438.00
Sundry Expenses	24.49	48.99
VSCC Subs	325.00	325.00
First Aid Training	-	20.00
Safeguarding course	45.00	-
Adult welfare course	25.00	-
Coaching Courses	186.50	340.00
Entry into Nationals and Southern	64.25	225.25
Speedwork Track Fees (K2 & Imberhorne)	188.00	496.00
Marathon Mini Bus	8.00	-
Strength and Conditioning classes	573.00	-
Tonbridge Relays	168.00	-
Holland Sport Relays	160.00	-
Reigate Relays Cross Country	120.00	180.00
Christmas Handicap Prizes + Handicap Series Prizes	59.49	153.54
C25K Tshirts/Mugs/Certificates		319.09
 Papyrus Charity Donations	 633.35	 428.00
Lingfield 10's Charity Donation	2,000.00	2,000.00

	9,414.90	9,055.64
Excess of income over expenditure/(expenditure over income)	24.11	712.08
Balance Sheet		
	12 months to 31/03/26	12 months to 31/03/25
	£	£
Assets		
Running Vests/T-shirts	1,467.20	1,310.00
Debtors	48.00	360.77
Prepayment L10	669.54	-
Cash at Bank	4,884.72	5,814.58
Total Current Assets	7,069.46	7,485.35
Liabilities		
Creditors		-
Pasta party paid in advance- deferred income		130.00
Subs paid in advance		-
VSCC Subs	325.00	325.00
Marathon Mini Bus		10.00
Lingfield 10S Donations/Sponsorship	500.00	800.00
Current Liabilities	825.00	1,265.00
Net Assets	6,244.46	6,220.35
General Fund		
Balance at the beginning of the year	6,220.35	5,508.27
Income/(Loss) for the year	24.11	712.08
General Fund balance at the end of the year	6,244.46	6,220.35