



Newsletter

Wednesday 17 June 2026

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Welcome to new member, Stephen Lovell, this week

Tip: to get the most from the newsletter, view it on a PC or laptop

Please don't be shy! Send a race report and/or pictures to editor@lingfieldrunningclub.co.uk (and I'll make it readable)

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Lingfield's Racing Roundup



Forty-eight runners, 14 locations, two PBs

East Grinstead (29), Bushy (1), Cannock Chase (1), Clair (1), Dartford (1), Ifield Mill Pond (1), Kingdom (1), Leavesden Country (1), Royal Tunbridge Wells (1), Tilgate (5), Tonbridge (1), Upton Court (2), Upton House (1) and Yarborough Leisure Centre (2).

Particular congratulations to the first three to finish at East Grinstead (**Tom Harvey**, **Dan Celani** and **James Caffrey**), and again to **Ashley Middleton**, first place at Kingdom. And there were PBs at East Grinstead for **Laura Stockwood** and **Catherine Watkins**. Well done everyone.

See [all the results](#).



or, as it is this week



Slim pickings indeed, this week, but quality nonetheless ...

Last Saturday we had a representative at the Bowl Water 50km Ultra, and **Jamie Maskell** ran a stormer to finish in seventh place with a time of 4.55.20. Liam Phelps won this in 4.15.00 and first woman was Claire Keith (Hailsham Harriers) in 4.36.55.

And on Sunday I noticed **Maggie Statham-Berry's** name among the entrants to the Heathfield Midsummer 10k. Maggie had another great run, finishing in 51.28, first in her age group. Maggie described the route as "one hilly loop, predominantly down for the

first 5k and then testing climbs on the way back”. There were 333 finishers - Alex Jeffries (Brighton Phoenix) was race winner in 34.40 and first woman was Alison Moore (Eastbourne Rovers) in 42.34.

If you want to find out what your committee got up to last Monday, the minutes are now [on the website](#).

Best of luck to all running over the next week, especially with another Surrey Road League event in the calendar.

Editor

editor@lingfieldrunningclub.co.uk

Lingfield Summer Social

Sandra Ankers

A date for your diaries:

Sunday 23rd August 2026 from 2:00 to 5:00pm.

This year’s Summer Social will once again be held at the Lingfield Sports Association, Godstone Road, Lingfield, RH7 6BT.

Thank you, Scott, for making arrangements.

As last year please bring your own picnic; drinks can be purchased at the Sports Club bar.

After our social, we’ll be organising some sporting field activities for anyone in competitive mood; alternatively just relax and enjoy the spectacle!

It’s always a fun few hours on a Sunday Summer Social afternoon - hopefully see you there.

Happy running!

Sandra



Weekly club runs

Gary Spring

Tuesday, 23rd June

No planned Club Run...

...but, instead,

Thursday, 25th June

Pub Run in Forest Row

Meet in the car park by Seasons and Co-op,
off Hartfield Road, RH18 5HE

Start time: 7:00pm

In order to have the opportunity of a post-run drink in the Hop Yard, Forest Row, we've moved this week's Club Run to a Thursday. The route is five miles and mainly off-road. Road shoes should be OK, unless the heavens open up between now and 25th; maybe chuck the trail shoes in the car as well, to be safe. It's a busy week, running-wise, with the Penshurst relays on Wednesday, 24th and the Lingfield 10s at the weekend, but we hope you can fit this run into your calendars as the route is very scenic, the pub, a unique experience, and the weather, hopefully perfect!

There is the opportunity to do a 2.5-mile walk or a four-mile run from the same starting point. If anyone is interested in leading or taking part in these shorter distances instead of the five-mile route, please let me know and I can send you maps of the routes. On the morning of 25th, I will post, on WhatsApp, what we have been able to arrange for this event.

NOTE:

The date of the next Club Handicap race (#5) will be Tuesday, 21st July and will follow the May Race 3 route. The map of the route can be found on the Club website.

Information on runs and races that club members are doing

As well as the information in the club website calendar on planned races and club runs, there are also a lot of posts from members about external races and ad hoc group runs on the club WhatsApp group, **LRC Runfinder**.

The Club encourages all our active members to consider joining this group, so you can see what runs and races are being planned. If you want to join this WhatsApp group, please send a message to

Laura Stockwood (membershipsecretary@lingfieldrunningclub.co.uk)

or Gary Spring (higaryspring@gmail.com) and we can add you in.

Key dates for the next two weeks

Editor

Click on the link - [race calendar](#) - for full details

Today	<	>	Jun – Jul 2026	▼
17 JUN, WED	●	7 – 8pm	LRC coaching (track)	Holland Sports Athletics Club, Mill Ln, Oxted RH8 9DF, UK
	●	7:30 – 8:30pm	Beach Run (WSFRL)	
18 JUN, THU	●	7 – 8pm	LRC track session with Horley	K2 Crawley, Pease Pottage Hill, Crawley RH11 9BQ, UK
19 JUN, FRI	●	7 – 8pm	Robertsbridge Midsummer 10k	TN32 5AA, High St, Robertsbridge TN32 5AA, UK
20 JUN, SAT	●	7 – 8pm	Phoenix Sunset Series	Ardingly Reservoir, Haywards Heath RH17, UK
21 JUN, SUN	●	8:30 – 9:30am	Eastbourne 10k	
	●	9 – 9:30am	Ranelagh Richmond 10k (SRL race 6)	
	●	9:30 – 10:30am	Wimbledon Common Trail 10k & Half	SW15 3PQ
23 JUN, TUE	●	7 – 8pm	Dashing Deer 5k	Battersea Park Rd, London SW11 4NJ, UK
24 JUN, WED	●	7 – 8pm	Tonbridge AC Midsummer Relays (GP race 7)	Penshurst Place, Penshurst, Tonbridge TN11 8DG, UK
25 JUN, THU	●	7 – 7:30pm	Club pub run (Gary)	Co-op Food - Forest Row - Hartfield Road, 19 Hartfield Rd, Forest Row RH18 5DN, UK
	●	7:30 – 8:30pm	SL Harriers NADI 10k	
26 JUN, FRI	●	6 – 7pm	Longbridge 100 Summer Backyard Ultra	Litlington BN26, UK
28 JUN, SUN	●	All day	British Masters 30k Multi-Terrain Champs.	The Tollgate, Northfleet, Gravesend DA11, UK
	●	8:45 – 9:45am	Housedean Half & 10k	BN7 3JW, Lewes BN7 3JW, UK
	●	9 – 10am	Lingfield 10s	Lingfield College Senior School and Sixth Form, St Pier's Ln, Dormansland, Lingfield RH7 7JL, UK
30 JUN, TUE	●	7 – 8pm	Club run	Lingfield Running Club, 54 High St, Lingfield RH7 6AA, UK
1 JUL, WED	●	7 – 8pm	LRC coaching (track)	Holland Sports & Social Association, Mill Ln, Oxted RH8 9DG, UK
	●	7:30 – 8:30pm	Roundhill Romp (WSFRL)	
	●	7:30 – 8:30pm	Summer Evening 10k	Priory Park, Bell St, Reigate RH2 7RL, UK

Please check for updates in the diary. If you ever see any errors, or think we should add an event, please email details to editor@lingfieldrunningclub.co.uk

Holland Sports relays
Chris Rance & Lucy Wilkes

Many of you did this last year. Please contact us via email or club WhatsApp if you're interested in this year's event on 16th July.



FLAT-FAST FURIOUS

NIGHT OF RELAYS 2026
4 X 1 MILE TEAM CROSS RELAY
THURSDAY JULY 16TH



Scan for entry

ENTRY: £20 per team

REGISTRATION: Via QR code or Holland Sports website

AGE GROUPS: U10/12/14/16/18, Senior & Vets

TIMINGS: Juniors 6.30pm, U16/U18/Seniors 7.30pm

APRÉS-RUN: bar, music, BBQ & prize-giving

VENUE: Mill Lane, Hurst Green, RH8 9DG



Reminders from previous weeks

Marathon minibus fundraising

Scott McDonald

LINGFIELD MARATHON MINIBUS
Fundraising Tea Party 

 **Sunday 12 July**  **2:00pm - 5:00pm**  **St Peter & St Paul Church, Lingfield**

Join us for a delightful afternoon of:

-  **Homemade Cakes**
-  **Tea & Coffee**
-  **Raffle**
-  **Community Fellowship**

SUPPORTING A VITAL COMMUNITY SERVICE
 The Lingfield Marathon Minibus provides weekly supermarket shopping trips for a small donation and is available for community use.

This fundraising tea party will help raise essential funds to:

- ♥ Maintain the current minibus
- ♥ Keep the service running for local residents
- ♥ Build a fund for a future replacement vehicle when needed

CAN YOU HELP?
We would be grateful for donations of:

-  **Cakes and baked goods**
-  **Raffle prizes**
-  **Volunteers to help serve on the day**

Please contact:

Sue Ellis
✉ suebellis@outlook.com  01342 870261

Scott McDonald
✉ scottkcdonal64@gmail.com 07710 269369

Come along, enjoy tea and cake, meet friends and neighbours, and help support this valuable community service.

Sports Therapists

Sally Alexander

Every week we include this link to our latest update (16 June 2026) of the [Directory of Member Recommendations](#).

Wednesday coaching sessions

Dave Worsell

Here is the address of the venue for Tejin's monthly Strength and Conditioning sessions: Estcots Primary School, Bourg De Peage Avenue, East Grinstead RH19 3TY with a [link here](#)

Here is a link for the [location](#) of the Holland Sports track sessions: [Holland Sports and Social Association, Mill Lane Oxted RH8 9DG](#).

Please look on [Facebook](#) or the club website '[calendar](#)' on the day itself, for any session details and any changes in venue.

THE END