

Club Trophy Races 2026

The club has 17 trophies, in ten categories, which are awarded/competed for annually.

From 2025, all members are eligible for internal club runs (marked * below).

Second-claim members must be running for Lingfield in 'open' events if their results are to count towards other club trophies.



10k Championship Trophy

A trophy for the first Lingfield man and woman across the line at the East Grinstead 10k in October. Presented at the Xmas handicap event.

Open Grand Prix Trophy

A trophy each for Men and Ladies, usually presented at the Xmas handicap event.

In 2026, the best seven scores count from 14 events. The points are added up and the runner with the most points wins! First home 20 points, 2nd 19 points, 3rd 18 points etc. Every runner receives one point. Exact dates for each year can be found on the club calendar of races and on the club website.

Trevor's Handicap Grand Prix Trophy*

A trophy each for Men and Ladies, usually presented at the Xmas handicap event. In 2026, winners get 20 points, down to 11, awarded to any runner. Accumulate the most points from the following nine handicap events (best six scores to count):

- 5k Road race (April)
- Four May Races
- Uphill mile, Kidds Hill (August)
- 5m Road race (September)
- Dennis Crowhurst Memorial Event (October)
- Christmas handicap (December)

Dennis Crowhurst Memorial Trophy*

One trophy ONLY, presented on the day.

This five-mile handicap race commemorating a much-missed club member, takes place each year, usually October or November, on the quiet roads around Itchingwood Common. It is won by whoever finishes first, not the fastest!

Surrey Summer Road League Trophy

A trophy each for Men and Ladies, presented at the Xmas handicap event.

Surrey Athletics organises up to eight races - the Lingfield runner who gains the most points wins!

For 2026, they are these eight events:

- Valentines 10K
- Kew 10k
- Sutton 10k
- Ranelagh Richmond Half
- Dorking 10-mile
- Ranelagh Richmond 10K

- Ranelagh Sunset Sprint
- Elmbridge 10K

Cross Country Trophy

A trophy each for Men and Women, presented at the AGM.

Gained by accumulating points from the following eight XC fixtures.

The first four races (Surrey League XC) score 20 points downwards, as they are Premier races.

The latter four races score 10 points downwards.

Premier: all four Surrey XC League races - usually October, November, January, February.

- 5m Lloyd Park (East Surrey league) in September
- Reigate Priory Relays (November)
- 5m Lloyd Park (East Surrey league) in Feb./March
- Southern XC Champs. (January - venue varies)

Lingfield Running Club is enthusiastic about supporting its members at Cross Country

Championships. Each year the club committee agrees to pay the entry fee (currently £10 per entry) for ten members to enter the South of England Championships and another ten to enter the National Championships. Please note that if a member pulls out of either race after entry, then the club will consider on a case-by-case basis whether to ask the member to repay the entry fee to the club.

The Captains' trophies*

Awarded at the AGM by the team captains to the runner who the captain feels has made a significant contribution to the club in a variety of ways during the past year. This may be through representing the club by regular participation in races, it may be through organising club events, through achieving something particularly significant or through raising the profile of the club externally.

Christmas handicap trophy*

The first across the line in the Christmas Handicap receives a trophy in memory of Matt Bennett (1998-2018), a former winner of this popular event.

Most improved runners*

Introduced in 2022 for the male and female runners showing most improvement during the year. Chosen by the committee, presented at the Christmas handicap event.

The President's trophy*

Awarded annually at the AGM, at the President's discretion.